

(Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001, Dist. Thane NAAC Re-accredited B+

Date:22 /08/2024

Notice

All the NSS Volunteers of the College are hereby informed that 'Tree Plantation' will be organized on 26th August 2024. All are instructed to attend the same.

Attendence will be observed strictly.

NSS Program Officer

Uhosnagar (India)

(Dr. Vasant P. Mali)

Principal Principal J. Watumuli Sadhubella Girls College Ulhamagar - 421 001

Mrs. Sonul R Pattebahader &



(Minority Institute)

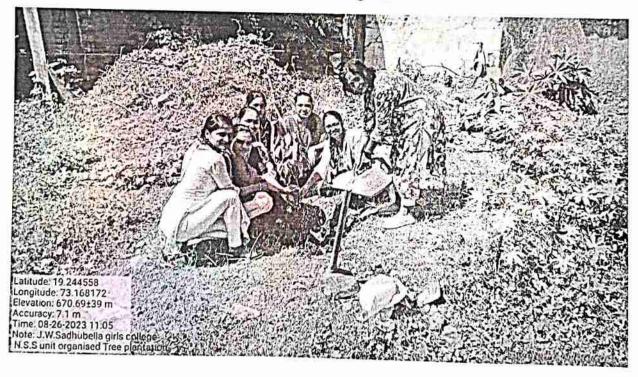
J. WATUMULL. SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001 NAAC Accredited B++

Report on Tree Plantation Programme

NSS unit of J.W Sadhubella Girls college organised Tree Plantation Programme on 26 th August 2024 at college premises. Student were present for the Tree Plantation Programme along with college professor.

NSS Student had brought small plants. With the help of spade student planted the plants in college surrounding area and give water to the plant. Professors give information to the student how trees are important to human being life.



Student learned about importance of Tree Plantation by this programme.







NSS Programme Officer

NSS Erngramme Officer

J. Watumuli Sadhubella Girls College

Ulhasnagar- 421 001.



Dr. Vasant Mali

Principal

J. Watumull Sadhubella Girls College

Ulhasnagar-421 001



SADHUBRILA RDUCATION SOCIETY'S (Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

(NAAC Reaccredited B+) Near Government Dispensary, Ulhasnagar-421001

Date:	26/00	Attendance sheet of NSS A	ctivities	***************************************
Name o	f Resource	person/Teacher:	Time:	
			ant at	1.00
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(Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001, Dist. Thane NAAC Re-accredited B+

Date: 19/12/2023

Notice

All the NSS Volunteers of the College are hereby informed that Visit to Old Age Home, Swami Shanti Prakash Vridhashram will be organized on 23rd December 2023.

All are instructed to attend the same.

NSS Program Officer

Onubelle Culhasnager (India) Culhasnager (Indi

(Dr. Vasant P. Mali)

J. Watumuli Sadhubella Girls College
Ulhasnagar - 421 001

MS. Cosisha Duloni (b)
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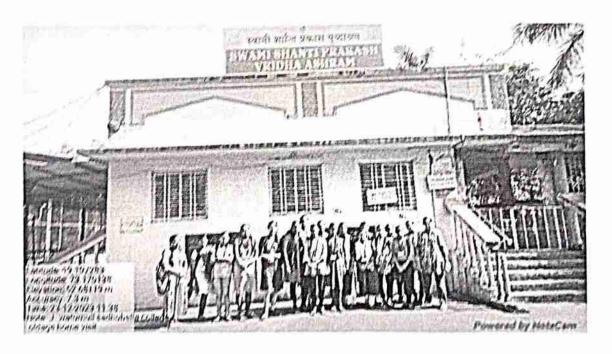
SADHUBELLA EDUCATION SOCIETY'S (Minority Institute)

J. WATUMUL, SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001 NAAC:Accredited B++

Report on Old Age Home

On 23rd December 2023 HSS volunteers visited old age home at Swami Shanti Prakash Vridhashram located at Ulhashagar- 5. Total 17 HSS students along with Professors went to vridhashram. Total 120 Old people staying in Old Age Home. NSS volunteers have done conversations with them and try to understand their problems and difficulties. Students got nice experience by meeting with them a student distributes sweets and snacks to all old people.









Student distributed Snacks and Sweets

Students saw smile and happiness on old people face while talking with them.old people gives lot of blessing to the student for their future.it is very rememberable and learning experience to all students.

profesjoch kumar Singh

HRE:Programmys:Difficer J. Watumuli Sadnubella Girls College Ulhasnagar- 421 001. Omernagers by

Dr. Vasant Mali

D. L. J. A

J. Walumuli Sadhubella Girls College Ulhasnagar-421 001



Old age home

SADHUBELLA EDUCATION SOCIETY'S (Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

(NAAC Reaccredited B+) Near Government Dispensary, Ulhasnagar-421001

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Name of Resource person/Teacher: Att Clars

Name of Event: Old Age Home Visal (Submishante Proakah)

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Minority Institution J. WATUMULL SADHUBELLA GIRLS COLLEGE

ar Government Dispensary, Ulhasnagar- 421 001, Dist.- Thane. PH. NO. - 0251-2731736, E-mail:sadhubella@gmail.com Website - sadhubellacollege.org.

Date: 09/01/2024.

YEAR 2023 - 2024

NSS UNIT

All the NSS volunteers of the college are hereby informed that a session on 'PCOS / PCOD will be organized by the college NSS unit on 13th January 2024 at 10.00 am in classroom no - 1. Mrs. Amrita R.Jaykar, Clinical Nutrition & Dietetics, Ambarnath will deliver guidance lecture..

Attendance of the volunteers will be observed strictly.

(Mi Rajesh D.Singh NSS Programme Officer

Ms. Heeral wadhun Df Kanchan Wadhwa. D



(Dr. Vasant P.Mali)

Principalal.

J. Watumull Sadhubella Girls College Ulhasnagar-421 001

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Regd. No. E-6923 (Mumbai) SADHUBELLA EDUCATION SOCIETY'S

J. WATUMULL SADHUBELLA GIRLS COLLEGE

MINORITY INSTITUTION

ULHASNAGAR - 421 001. PHONE: 0251-2705387

E-mail: sadhubella@gmail.com Web.: https://sadhubellacollege.org/

FOUNDER PRESIDENT H. H. ACHARYA SWAMI GANESHDASJI

Permanently Affiliated to University of Mumbai NAAC - 'B+', ISO, 2(f) & 12(b)

Ref. No. Ref. No. JWSU/2024/79

SU/2024/79

To, Ms.Bhawna Kalyani,

Ulhas Norgaz-5

Date: 05/03/2024.

Sub: Invitation Letter.

Respected Madam,

NSS Unit of the College have immense pleasure to invite you as a resource person for the session on "Yoga, Accupressure & Therapy Cure for all Diseases" on 07th March, 2024 at 10.00 a.m.

Your august presence and wide knowledge will grace the occasion. I anticipate your acceptance in this regard.

Kindly acknowledge,

Thanking you,

(Mr. Rajesh Kumar Singh) NSS Programme Officer Yours Truly,

(Dr. Vasant P. Mali) Principal The result of the second of th



Regd. No. E-6923 (Mumbai)
SADHUBELLA EDUCATION SOCIETY'S

J. WATUMULL SADHUBELLA GIRLS COLLEGE

MINORITY INSTITUTION

ULHASNAGAR - 421 001. PHONE: 0251-2705387

Date: 07/03/2024.

E-mail: sadhubella@gmail.com Web.: https://sadhubellacollege.org/

FOUNDER PRESIDENT H. H. ACHARYA SWAMI GANESHDASJI

Permanently Affiliated to University of Mumbai NAAC - 'B+', ISO, 2(f) & 12(b)

Ref. No. Ref. No. JWSU/2024/80

To, Ms.Bhawna Kalyani,

Ulhas Nagar-5,

Subject: Letter of Thanks.

Respected Madam,

We are grateful to you for accepting our invitation as a resource person for the session on "Yoga, Accupressure & Therapy Cure for all Diseases" on 07^{th} March, 2024 at 10.00 a.m.

We thank you for giving us your precious time and expect the same cooperation in future too.

Kindly acknowledge,

Thanking you,

(Mr. Rajesh Kumar Singh) NSS Programme Officer Yours Truly,

(Dr. Vasant P. Mali) Principal The division of the state of th



Regd. No. E-6923 (Mumbai) SADHUBELLA EDUCATION SOCIETY'S

J. WATUMULL SADHUBELLA GIRLS COLLEGE

MINORITY INSTITUTION

ULHASNAGAR - 421 001. PHONE: 0251-2705387

Date: 09/01/2024.

E-mail: sadhubella@gmail.com Web.: https://sadhubellacollege.org/

FOUNDER PRESIDENT H. H. ACHARYA SWAMI GANESHDASJI

Permanently Affiliated to University of Mumbai NAAC - 'B+', ISO, 2(f) & 12(b)

Ref. No.

(

Ref.No.JWSU/2024/10

To, Amsata Mrs. Amrita R.Jaykar Clinical Nutrition & Dietetics Ambarnath.

Sub: Invitation Letter.

Respected Madam,

NSS Unit of the College have immense pleasure to invite you as a resources person for Awareness programme on "PCOS / PCOD Management" on 13th January, 2024 at 10.00 a.m.

Your august presence and wide knowledge will grace the occasion. I anticipate your acceptance in this regard.

Kindly acknowledge,

Thanking you,

(Mr. Rajesh Kumar Singh NSS Programme Officer Yours Truly,

(Dr. Vasant P. Mali) Principal

Accepted year

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Regd. No. E-6923 (Mumbai)
SADHUBELLA EDUCATION SOCIETY'S

J. WATUMULL SADHUBELLA GIRLS COLLEGE

MINORITY INSTITUTION

ULHASNAGAR - 421 001. PHONE: 0251-2705387

E-mail: sadhubella@gmail.com Web.: https://sadhubellacollege.org/

FOUNDER PRESIDENT H. H. ACHARYA SWAMI GANESHDASJI

Permanently Affiliated to University of Mumbai NAAC - 'B+', ISO, 2(f) & 12(b)

Ref. No.

Ref.No.JWSU/2024/11

6 C

Date:

Date: 13/01/2024

To, Mrs. Amrita R.Jaykar Clinical Nutrition & Dietetics Ambarnath.

Sub: Thanks Letter.

Respected Sir,

On behalf of NSS Unit of the College, we really appreciate the efforts taken by your goodness for conducting the awareness programme on "PCOS / PCOD Management".

We expect the same support and cooperation in the future also.

Kindly acknowledge,

Thanking you,

Yours Truly,

(Dr. Vasant P. Mali) Principal

(Mr. Rafesh Kumar Singh NSS Programme Officer

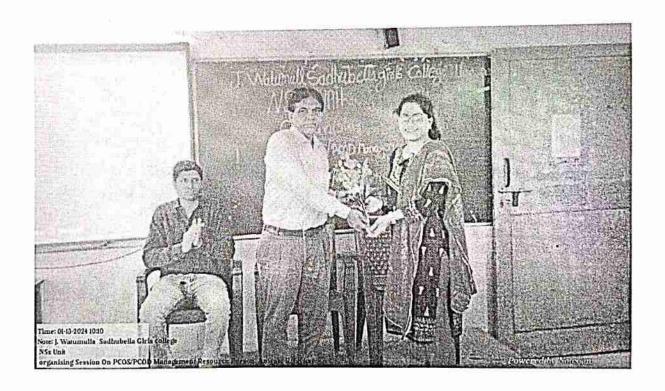
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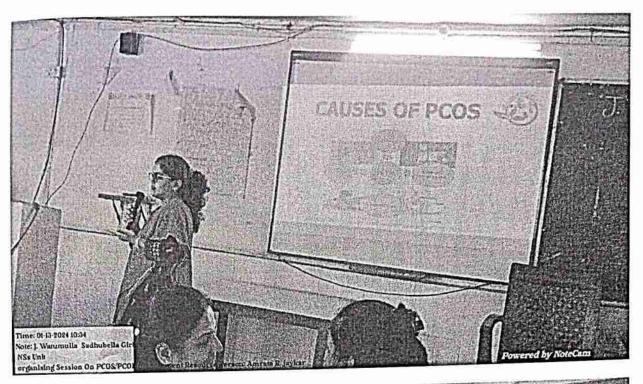
SADHUBELLA EDUCATION SOCIETY'S (Minority Institute) J. WATUMULL SADHUBELLA GIRLS COLLEGE, Near Government Dispensary, Ulhasnagar-421001 NAAC Accredited B+ ISO 9001:2015 Certified

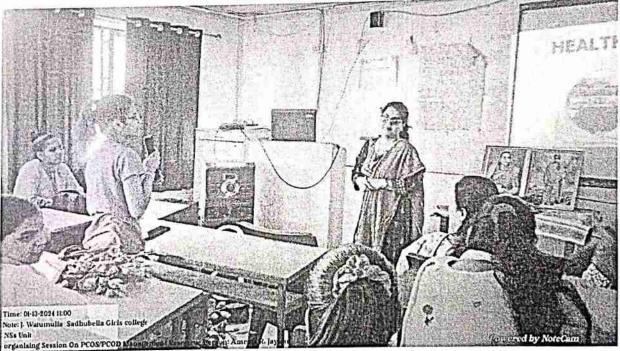
Report on PCOD and PCOS Management session

On 13th January 2024 NSS unit of J.w. Sadhubella organized session on PCOD/PCOS management . Mrs Amrata R. Jaykar dietitian was invited as Resource person for the same.In her lecture she awaken about PCOD and PCOS to girl student. In her lecture she mentioned reasons of the disease such as poor lifestyle, obesity, stress and harmonal imbalance. She also guided how to overcome PCOD / PCOS Such as healthy lifestyle , avoid junk and process food,regular exercise.









Student of sadhubella college got quality information about PCOD and PCOS reason and their remedies from Amarata Jaykar lecture. The session is very helpful for all the participant.

Prof. Rejeshkumar singh

NSS Programme officer

Synnpalia Company Comp

Dr. Vasant P.Mali

J. Watumuli Sadhubella Girls College
Ulhacnagar - 421 001



SADHUBELLA EDUCATION SOCIETY'S (Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE, Ampata R. (NAAC Reaccredited B+)

Near Government Dispensary, Ulhasnagar-421001

ATTENDANCE SHEET

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Name of Event:	PCODSPEOS	Managerial	
Topic Covered During Le	cture: <u>Some</u> As ali	ine 0	

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SADHUBELLA EDUCATION SOCIETY'S (Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

(NAAC Reaccredited B+)

Near Government Dispensary, Ulhasnagar-421001

		ATTENDANCE SHEE	I	
Date:	3 05/3	2024 class: All class: Ti	me:	
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Name of	Event:	PCOD & PCOS Manage	3	
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(Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001, Dist. Thane

NAAC Re-accredited B+

Date: 29/02/2024

Notice

All the NSS Volunteers of the College are hereby informed that Street Play on Health and Hygiene will be organized on 1st March 2024.

All are instructed to attend the same.

NSS Program Officer

Ujhasnagar 421 001. Them (India)

(Dr. Vasant P. Mali)

J. Watumuli Sadhubella Girls College
Ulhachagar - 421 001

Mrs. Smali R padtebahadur & Mrs. Shaenila Kan Shaenila Kan Shaenila Kan Shaenila Siya Hassija SH Ms. Crisho Mulano A Ms. Crisho Mulano A Ms. Heenal Wordhua Dh



(Minority Institute)

J. WATUMULL. SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001 NAAC Accredited B++

Report of Street Play on Health and Hygiene

On 1st March 2024 NSS Unit of J.W Sadhubella Girls College organised Street Play on "Health and Hygiene" at Bewas Chowk inUlhasnagar-1. The main objective is to create awareness among the public about their health and spread information about cleanliness. There were 11 th students participated in this Street Play.

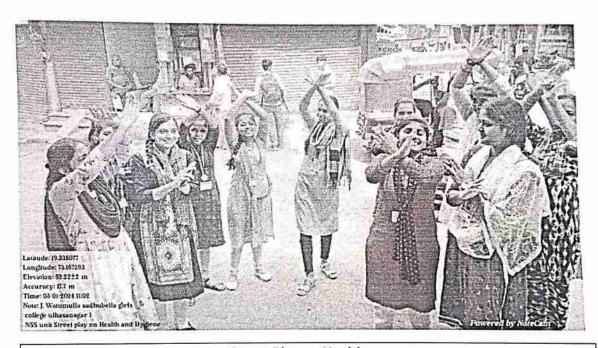
This Street Play spread the message to avoid junk food and street food. The Street Play on Health.showed how the junk food are harmful to our health. This message is given by the NSS Students.

The another Street Play was on Hygiene. They made awareness using Dustbin instead of throwing garbage on the street. Cleanliness should be a part of our life to avoid diseases.



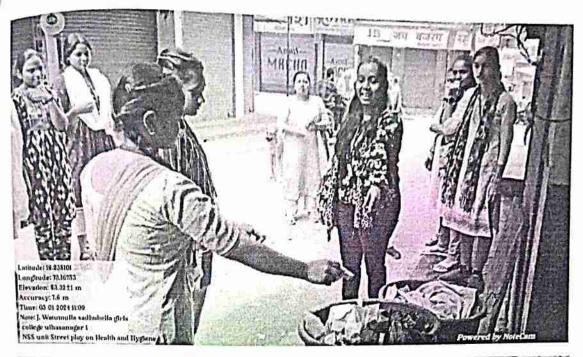


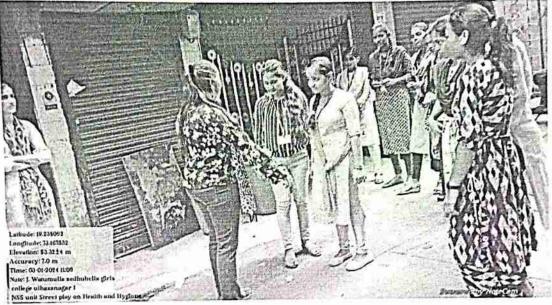




Street Play on Health







Street Play on Hygiene

Both Street play gave good impact on surrounding people. They realised the impotance of cleanliness and health.

Prof. Rajesh Kumar Singh

J. Watumuli Sadhubella Girls College
Ulhasnagar - 421 001.

Dr.Vasant Mali

Principal

J. Watumuli Sadhubella Girls College
Ulhasnagar-421 001



SADHUBELLA EDUCATION SOCIETY'S (Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

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(Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001, Dist. Thane NAAC Re-accredited B+

Date: 01/03/2024

Notice

All the NSS Volunteers of the College are hereby informed that Poster Making Competition of Mera Pehla Vote Desh ke liye will be organized on 4th March 2024.

All are instructed to attend the same.

NSS Program Officer

Ulhasnagar (21 001 Thane) CO (India)

(Dr. Vasant P. Mali)

Principal Principal J. Watumuli Sadhubella Girls College Ulhasnagar - 421 001

Ms. (nishe bulow (b) Ms. Smalik. Pattebahadur & Ms. Heemal wordhun Dt



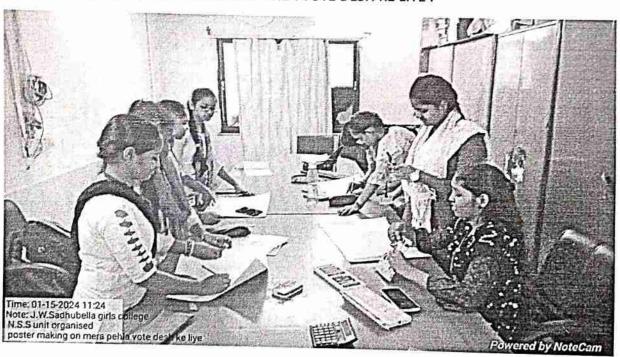
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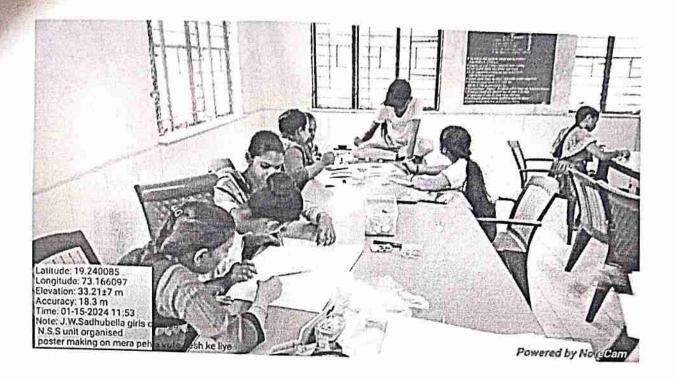
Report on Postermaking competition

J.W Sadhubella Girls college organised Poster making Competition on 4 $^{\rm th}$ March 2024 by NSS unit at college. Many student participated in this competition .The theme of the postermaking competition was MERA PEHLA VOTE DESH KE LIYE .



Mera Pehela Vote Desh Ke Liye Postermaking Competition





Student had been given posterpaper, colours. Student made different posters. Mera Pehehla Vote Desh ke liye is underway to spread awareness among the first time voter and encourage young voters to excise their democratic right.

NSS Brogramme Officer

NSS Piegramwes Officer
J. Watumull Sadhubella Girls College
Ulhasnagar- 421 001.



Dr. Vasant Mali

J. Watumuli Sadhubella Girls College Ulhasnagar-421 001



SADHUBELLA EDUCATION SOCIETY'S (Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

(NAAC Reaccredited B+)

Near Government Dispensary, Ulhasnagar-421001

Attendance sheet of NSS Activities

2024 Date: Time: 04 (03 20 24) Name of Resource person/Teacher: Poster Making - Meser Pehla Vate Desh Kel Name of Event: Number of Student Present: 1.5 Signature Sr.No Roll No Name of Student Class Signature 1 19 Seema J. Gupta P. Y.P. COM sopema 2 68 Sybcom Singl vius 3 67 totres 12 handagay 4 5 6 Annsh Gupta 26 Livi brom Agnushi 7 8 01 Harshada. R. Joutep S.y. brom 9 03 Somya Yaday onitle 1 BCOD 10 65 11 12 Tornoum R.U.B. Com 13 48 Durage 5. y.B. Com Duzga 14 15 Raybhan 49 Arshy SYB. Com Astra 16 Piny 105 Bitis Shama 5.4.13. 17 25 Shipra Subhosh 5 yBcom Stipre 18 11 S.Y.D.6n 19 95 Archarage Shama 5. y. B. Com 20 88 Laxin 11 Sylmosocon Verta. axmi crupta 5.4.B.6m 21



(Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001, Dist. Thane

NAAC Re-accredited B+

Date: 01/03/2024

Notice

All the NSS Volunteers of the College are hereby informed that Cleanliness Program at Government Despensary will be organized on 5th March 2024.

All are instructed to attend the same.

NSS Dogram Officer

(Dr. Vasant P. Mali)

Principal 1 J. Watumull Sadhubella Girls College Ulhachagar - 421 001

Mrs. Sondi R. Pattebahadur Ms. Heemal Wadhwa



(Minority Institute)

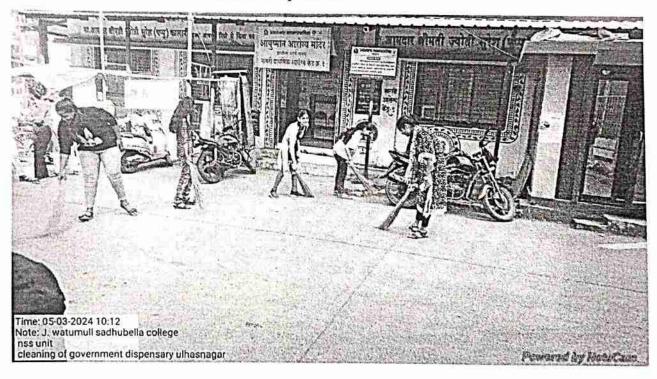
J. WATUMULL. SADHUBELLA GIRLS COLLEGE,

Near Government Dispensary, Ulhasnagar-421001 NAAC Accredited B++

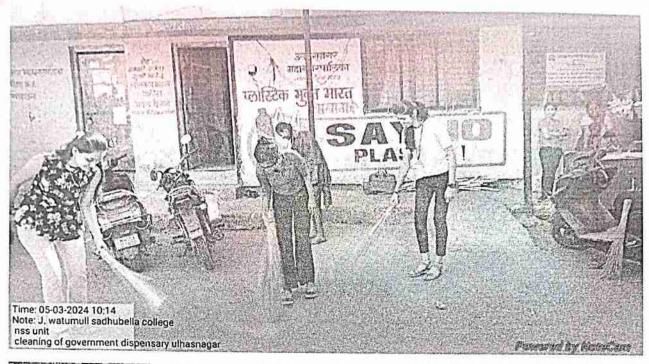
Report on Cleanliness Programme

On 5TH March 2024 Cleanliness Programme at Government Dispensary was organised by NSS Unit of J.W. Sadhubella Girls College 10 students were participated in this programme.

Students have cleaned the area of Government Dispensary .They also made the awareness about cleanliness to the people to make the surrounding area clean and neat. Student have brought the broom and swept the area.









Cleaning of Government Dispensary

Prof.Rajesh Kumar Singh

J. Watumuli Sadhubella Girls College Ulhasnagar- 421 001. Cyadhubello Chinasnagar-i Co

Dr. Vasant Mali
Principal
J. Watumuli Sadhubella Girls College
Ulhasnagar-421 001



SADHUBELLA EDUCATION SOCIETY'S (Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,

(NAAC Reaccredited B+)
Near Government Dispensary, Ulhasnagar-421001

		Attendance sheet of NICE		
Date:	00003	Attendance sheet of NSS		*
		person/Teacher:	Time:	-
Name (of Event:	cleaning of Gout Di	Bousaug.	- Ulhania
Numbe	er of Studer	nt Present:	Signature	(
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3	82	Khushboo Ansoni	SYBcom	W
	21	Tamamum Siolchiquel	S.y.B.Com	Tur
4	17	Mikitce Kimana	S.Y.B.COM	Pikita
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J. WATUMULL SADHUBELLA GIRLS COLLEGE,
Near Government Dispensary, Ulhasnagar-421001, Dist. Thane
NAAC Re-accredited B+

Date: 10/01/2024

Notice

All the NSS Volunteers of the College are hereby informed that NSS Residential Camp will be organized from $21^{\rm st}$ January 2024 to $27^{\rm th}$ January 2024 at kotwalwadi trust,Neral Dist.Raigad.

Interested and Eligible Volunteers are instructed to give their name to Prof.Sonali Pattebahadur on or before 19th January 2024.

NSS Program Officer

Sadhubella Uhasnagar 421 001. Thane India)

(Dr. Vasant P. Mali)

J. Watumtil Sadhubella Girls College Ulhasnagar - 421 001

Mrs. Siya Hassija M Ms. Shazmille Kave J Ms. Grisha oulani A Ms. Sonali R Pattebahadur 82 Ms. Heemal wadhun Df



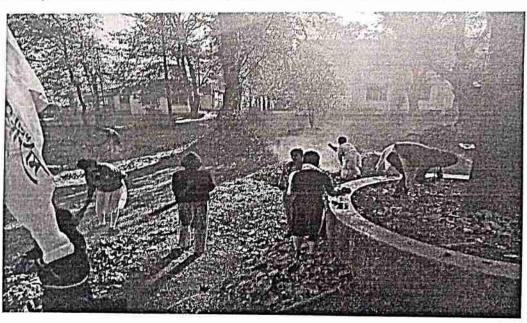
SADHUBELLA EDUCATION SOCIETY'S (Minority Institute) J. WATUMULL SADHUBELLA GIRLS COLLEGE, Near Government Dispensary, Ulhasnagar-421001

Report of NSS CAMP

The national service scheme is a government supported program that aim to develop the personality and character of student through community service. One of the activities of the NSS is the annual NSS camp.

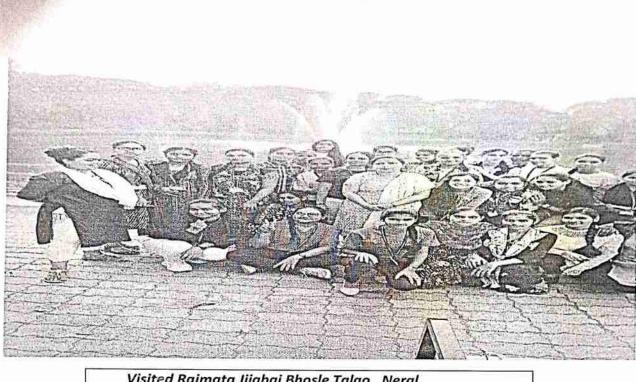
We have organised the NSS camp from 21st January 2024 to 27th January 2024 at Kotwalwadi ,Neral. On the first day of NSS camp we had gone by train and tempo with luggage. We reached there at 11 o'clock Kotwalwadi trust, Neral. We got accommodated in a big hall of Kotwalwadi trust. Total number of students were 32 and Prof. Rajesh Kumar Singh and Prof. Sonali Pattebahadur and two peon was there.

First day NSS Volunteers cleaned the surrounding area of Camp Resident.



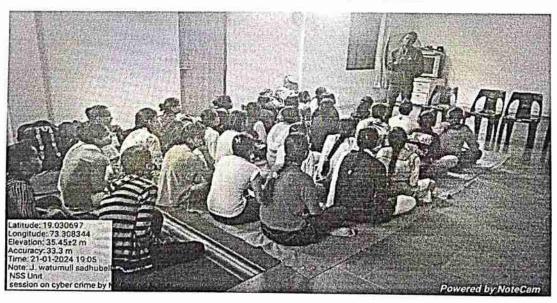
First day of camp NSS volunteers with Professors visited to Rajmata Jijabai Bhosle Talao of Neral.

Ulhasnagar-



Visited Rajmata Jijabai Bhosle Talao , Neral.

On the same day in the evening session on Cyber Crime has taken by Mr Govind Kumar. An information about Cyber Crime and some doubt of the students has been cleared by Mr Govind Kumar. Created awareness in the students about Cyber Crime.





On the second day of NSS camp 22 January 2024 NSS students visited Adivasi area in m Mamdapur. Students also discuss with Adivasi people and try to know there difficulties and made awareness about child education.





NSS Volunteers visited Adivasi area

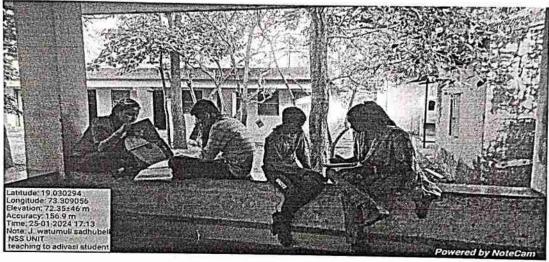
Deepotsav programme was celebrated at NSS camp with making rangoli and lightening Diyas

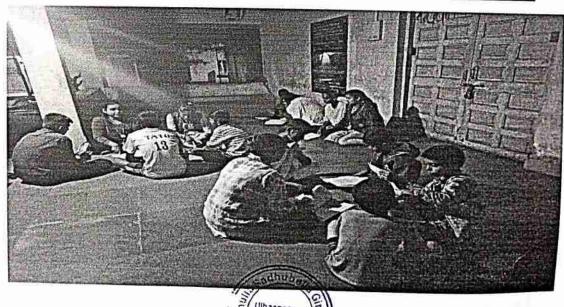
Ulhasnagar-

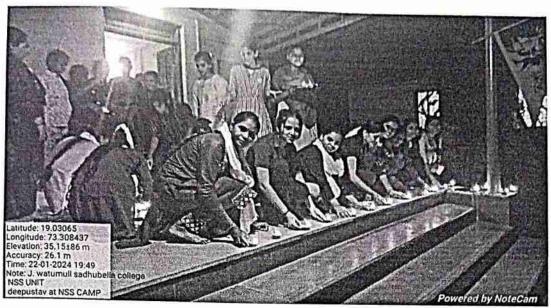
Students visited to to the Ganesh temple in Mamdapur also.



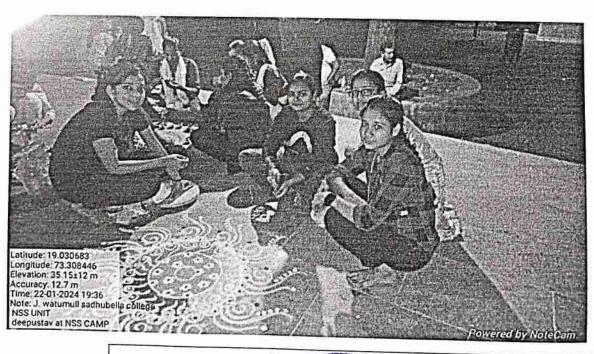
On the same day students of the NSS Camp taught to the adivasi students.









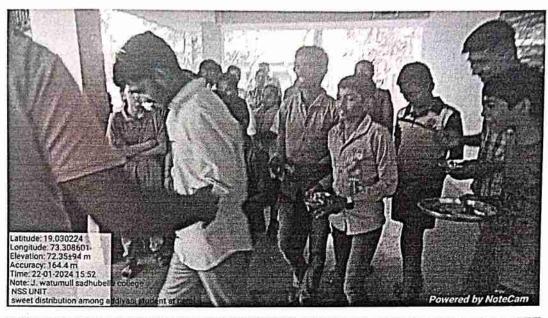


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Deepotsav at NSS Camp

Ulhasnagar-1

Same day in the evening NSS Volunteers and Professor have distributed sweets among Adivasis students at Neral on the occasion of Dipotsav.



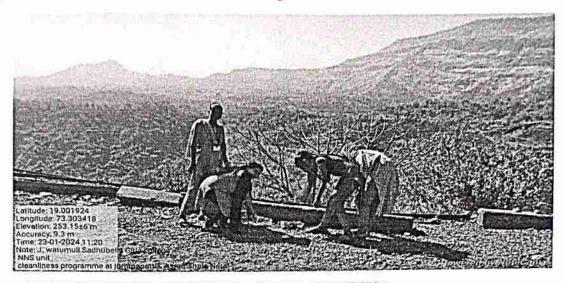


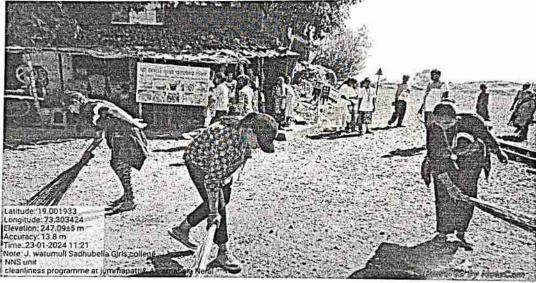
Distributed sweets among Adiwasi students

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On 3rd day of NSS camp 23rd January 2024 NSS volunteers visited Zumba Patti village at matheran and cleaned the area of the village.

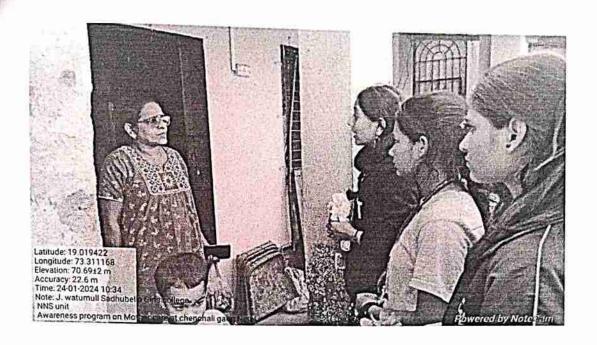


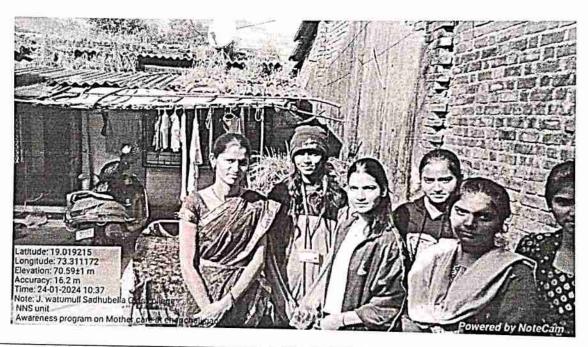


Cleanliness programme at Zumba patti village

To keep away from tension meditation session has been organised Kiran madam has taken this season crise students to do regularly meditation to relief from Tension. Blanket had distributed to the adivasi students by college authority. NSS students visited chincholi village at Neral and they have taken their mother care and child care programme.





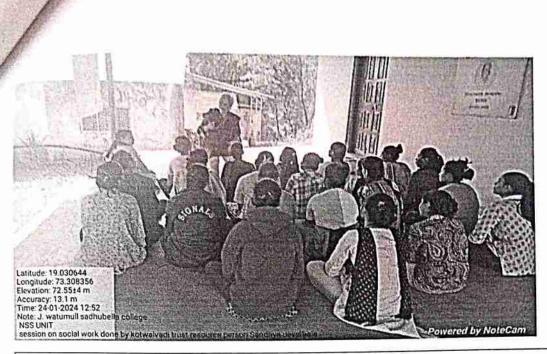


Child care mother care awareness programme at chincholi village

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On the same day lecture had given by Sandhya Devasthali managing trusty of Kotwalwadi trust on history of kotwalwadi trust and their social work .





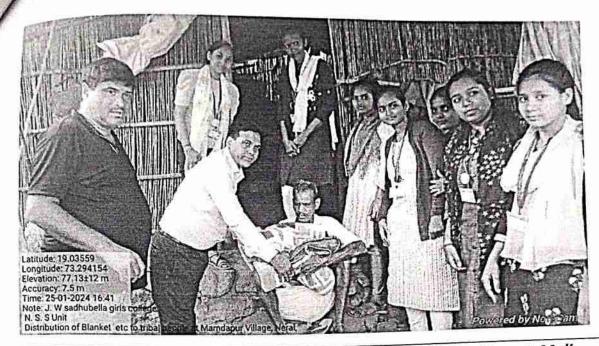
Lecture on work and history of kotwal wadi trust



NSS student made rangoli on of NSS symbol at resident camp

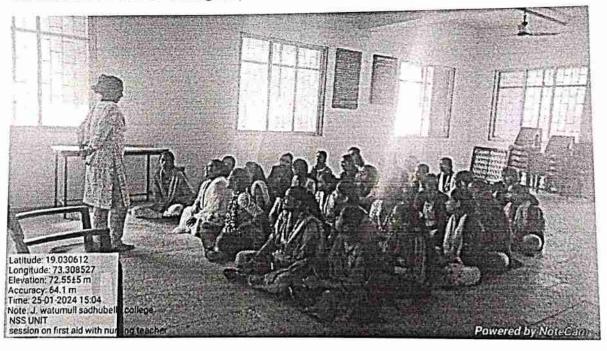
On the 4th day of the NSS camp 25th January 2024 blanket distributed to the adivasi people by our college Principal Dr Vasant Mali. He visited the NSS Camp and inspired the students. He also met Adivasi people and discussed with them.





Distribution of Blanket to Tribal People By Hon. Principal Dr. Vasant Mali

Medical team of Kotwalwadi trust has been given a lecture to the students about how to use the first aid box in emergency.



NSS volunteers has also taught to the Adivasi students and also guided them about examination preparation.



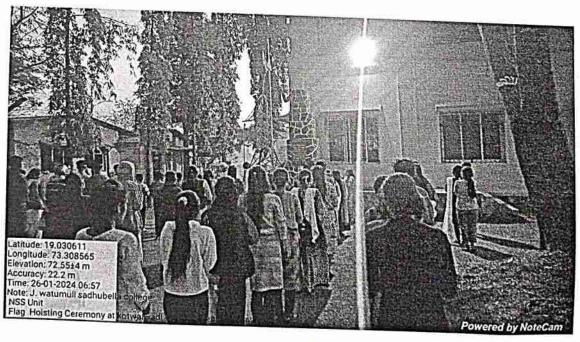
In the evening session of Rajesh Koli has given a lecture on the topic of eradication of superstition. Students participated in his activity. Students enjoyed a lot and also got



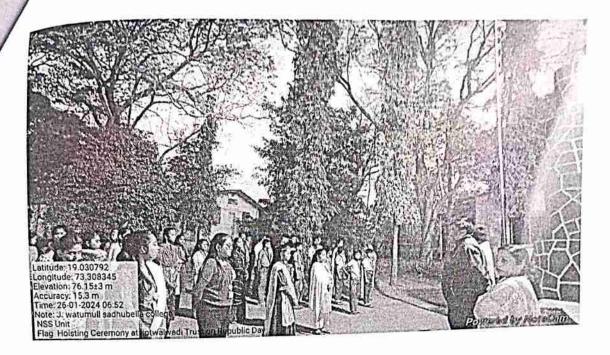
Session on Eradication of Superstition

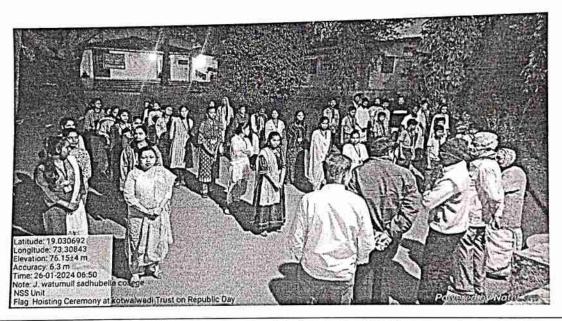
On the 5^{th} day of the NSS camp 26 January 2024 a Flag Hoisting Ceremony arranged at Kotwali trust,Neral in the morning.

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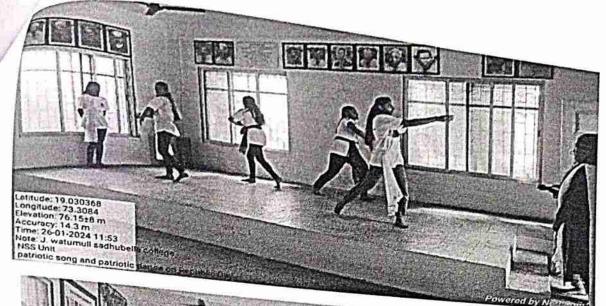


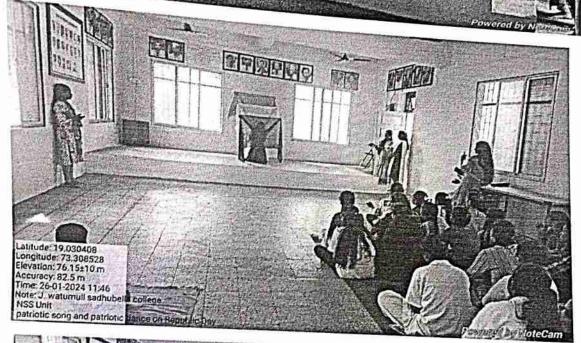


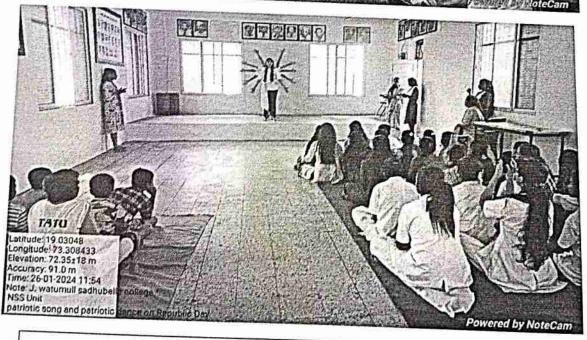
Flag Hoisting ceremony at kotwalwadi Trust

In the afternoon session patriotic songs, dance and speech has given by the students on the celebration of Republic day. Tree plantation program also had brought about in Neral by NSS volunteers and Professors.









Patriotic song and Dances on the Occasion on Republic Day





Tree Plantation at Adivasi Hostel , Neral

Prof. Sonali Pattebahadur has been conducted meditation practice daily in morning and evening all days of camp. Different activities also conducted like musical chair, cultural dance and self assessment game.



Student enjoying music and dance at resident camp

On the last day of the camp 27 th January 24 we all had left with taking a lot of sweet memories experience and Knowledge . NSS Student enjoyed NSS residential camp .

J. Watumull Sadhubella Girls College



Dr. Vasant Mali

Principal

J. Watumull Sadhubella Girls College
Ulhasnagar-421 001