Health Club Report
for Academic Year 2016-17

As per curricular No. 114-24/2016(CPP-II) dated 10TH November 2016 on Obesity and Incidence of obesity in young students, it has been decided to conduct activity to create awareness about negative impact of Obesity. A session was arranged in college premises on 5th December 2017, on the occasion of inauguration of Health club. Dr Madhuri Sadgir was invited as a guest speaker. Prof. Hema Chetwani gave brief Introduction about the health club. Felicitation of guest speaker was done by Prof. Smita Chawak. Dr. Madhuri Sadgir took the charge of the session and made familiar to the student regarding what is obesity? What are its bad impact? What is the proper Nutrition? Diet Chart was given to the students at end of session. Students queries was solved by Dr. Sadgir. Afterthe session on 'Obesity', Aerobics session was conducted by Dr. Sadgir at K.C. Thadani hall.

