Sadhubella Education Society's
Minority Institute

J. Watumull Sadhubella Girls College

Near Government Dispensary,
Ulhasnagar–421 001, Dist–Thane

NSS Activities 2015-2016

-Incharge Principal-

Mr. Raghunath Haibatrao Suryarao



-NSS Programme Officer-

Ms. Sonam Pinjani

- NSS Member-

Ms. Sonam Kotwani

Ms. Anjali Karira

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Vision :

The vision is to build the youth with the mind and spirit to serve the society and work for the social uplift of the down-trodden masses of our nation as a movement.

Mission :

The National Service Scheme has been functioning with the motto "NOT ME BUT YOU" in view of making the youth inspired in service of the people and hence NSS Aims Education through Community Service and Community Service through Education.

Broad Objectives :

- Understand the community in which they work
- Understand themselves in relation to their community
- Identify the needs and problems of the community and involve them in problem solving process
- Develop among themselves a sense of social and civic responsibility
- Utilize their knowledge in finding practical solution to individual and community problems
- Develop competence required for group living and sharing of responsibilities
- Gain skills in mobilizing community participation
- Acquire leadership qualities and democratic attitude
- Develop capacity to meet emergencies and natural disasters and
- Practice national integration and social harmony

Motto:

The Motto of NSS "Not Me but You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the student's development & appreciation to other person's point of view and also show consideration towards other living beings. The philosophy of the NSS is a good doctrine in this motto, which underlines on the belief that the welfare of an individual is ultimately dependent on the welfare of the society as a whole and therefore, the NSS volunteers shall strive for the well-being of the society.

NSS Lakshya Geet

UthenSamaj KeLiye Uthen – Uthen,
Jagen Swarashtra Ke Liye Jagen – Jagen

Swayam Saje Vasundhara Sanwar Den-2
Hum Uthen – Uthega jag Hamare Sang Sathiyo
Hum Badhen To Sab; BadhengeApneAapSathiyo
Jamin Pe Aasmann Ko Utar Den – 2
Swayam Saje Vasundhara Sanwar Den – 2
Udasiyon Ko Door Kar Khushi Ko BantteChalen
Gao Aur Shahar Ki Duriyo Ko Patte Chalen

Gyan Ko Prachar De Prasar De
Vigyan Ko Prachar De Prasar Den
Swayam Saje Vasundhara Sanwar Den – 2

Samarth Bal Varidh Aur Nariyan Rahen SadaHare Bhare Vano Ki Oudhati Rahe Dhara

Tarakkiyon Ki Ek Nayi Katar Den – 2
Swayam Saje Vasundhara Sanwar Den – 2
Ye Jati Dharam Boliyon Bane No Shool Raah Ki
Vdhayen Bel Prem Ki Akhandata Ki Chaah Ki Bhavana Se ye Chaman Nikhar Den
Swayam Saje Vasundhara Sanwar Den – 2
Uthen Samaj Ke Liyeu then – Uthen
Jagen Swarashtrake Liye Jagen – Jagen
Swyam Saje Vasundhara Sanwar Den – 2

..... Jai Hind .....

REPORT OF ACTIVITIES CONDUCTED IN THE YEAR 2015-2016

June:

- **Orientation Session** for NSS Volunteers was conducted by Programme Officer Ms. Sonam Pinjani and also Ex NSS Volunteers of the college. It was with the intention of making the volunteers understand the objective of NSS and also to explain them different services that would be carried out under NSS.



Ms. Sonam Pinjani conducting NSS Orientation Session

- **International Yoga Day** was celebrated on 21st June 2015. All the volunteers of NSS prepared banners on Yoga Day and also practiced different Yoga Aasanas along with the school students of G. M Sadhubella School.

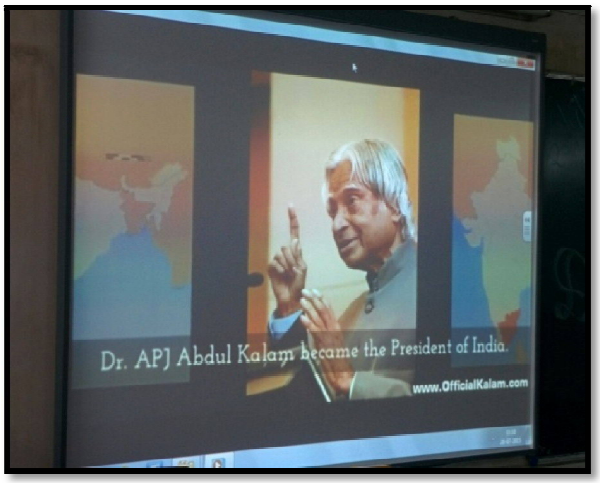




Banner prepared by Volunteers and them practicing different Yoga Asanas on 21st June 2015

July:

- **Tribute to Dr. APJ Kalam** on 27th July, 2015. A session was conducted in order to honour our former Prime Minister Dr. APJ Kalam on his Death Anniversary. Throughout the session Volunteers presented PowerPoint presentations on all the contributions given by Dr. APJ Kalam for the country. Volunteers also recited a poem for all his good deeds.





PPT Presentation explaining different contributions of Dr. APJ Kalam on 27th July, 2015

August:

- **Orientation Session** by Programme Co-ordinator of NSS Unit.
- **Independence Day Celebration** on 15th August 2015 – was celebrated by hoisting flag by 7:00 am followed by singing the National Anthem. Many students sang patriotic songs and also speech was given by one of the NSS volunteer.




Singing National Anthem and students singing patriotic song on 15th August 2015

- **Tree Plantation** at Schoolon 22nd August, 2015 was done with the intention of protecting the environment so that the surrounding be healthy and pollution free.

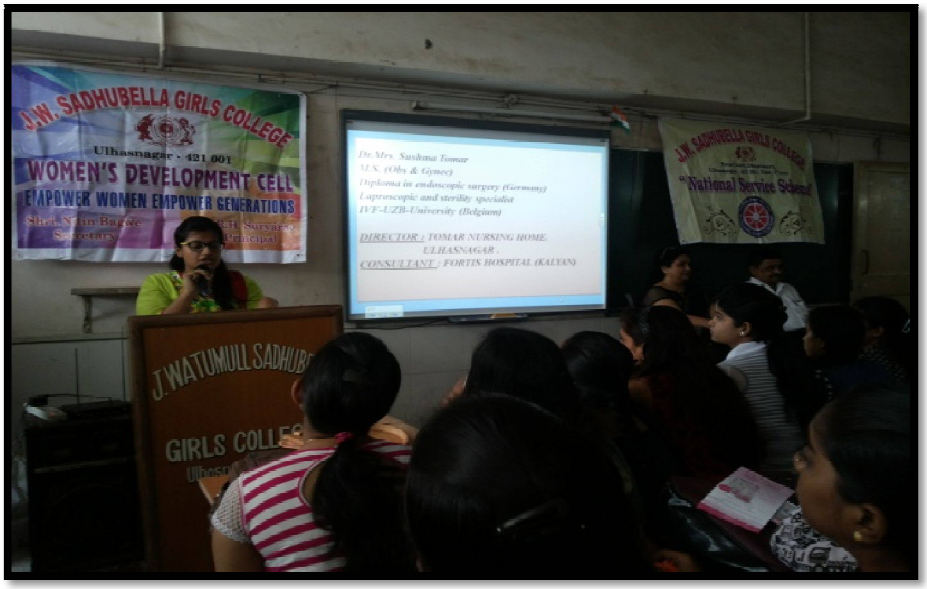


Volunteers planting saplings on 22nd August 2015



Volunteers planting saplings on 22nd August 2015

- Session on **Personal Hygiene** by Dr. Sushma Tomaron 24th August, 2015 was conducted in collaboration with Women's Development Cell to explain all the students about personal hygiene



Dr. Sushma Tomar delivering lecture on Personal Hygiene on 24th August 2015

September:

- **Blood Donation Awareness and Camp** was organised on 7th September, 2015 at college premises. It was organised with the intention of creating awareness on why we need to donate blood and how it could be helpful for people who are in need. Around 26 units if blood was collected.





Blood Donation Camp in the college library on 7th September, 2015

- **NSS Day Celebration** was celebrated on 24th September, 2015 by hoisti ngthe NSS flag followed by singing NSS Anthem Song and also Certificate distribution Ceremony was organised on same day.





NSS Day celebrated by flag hoisting followed by Certificate Distribution

October:

- AIDS awareness Programme in Titwala was conducted for creating awareness amongst the public so that every people could understand how AIDS can spread, its prevention, its treatment etc. Students created banners on AIDS so that it could be more easy to explain the public about the disease and its precautions.



Volunteers creating awareness among the public on AIDS

- Swachh Bharat Abhiyan was practiced in College and School Premises. This initiative was taken so that we could be into an healthy surrounding that would keep us away from all diseases and also beautify the surrounding areas of our School and College.



Volunteers cleaning the premises of our School and College

- Oath Forms filling

- Poster Making Competition on Road Safety on 5th October, 2015. These posters were prepared to display in different locations adjacent to our college so that each and every public should be aware and careful of all safety measures to be taken while driving.



Banner prepared by Volunteers on Road Safety.

- Street play on Road Safety on 29th October, 2015. Using the banners prepared by volunteers, they enacted a street play at Ulhasnagar, so that people could be aware about the Road etiquettes every citizens should follow.





Street play performed by Volunteers on Road Safety on 29th October 2015

November:

- Celebration of Constitution Day on 26th November, 2015

December:

- Group discussion on Communal Harmony
- Spread Message of Peace and Harmony in Mahral Gaon by Role Play. Volunteers of our college felt the need of spreading the message of peace and harmony between every community, religion and caste of our country.



Volunteers performing role play on Peace and Communal Harmony

- Session on **Road Safety Awareness** in College by Mr. Dharne who is the Inspector of Ulhasnagar Police station - 01. He explained our volunteers road rules, traffic norms, penalty on not following the traffic norms and etc.



Inspector Mr. Dharne taking seminar on Road Safety

January:

- **Essay Competition on Road Safety.**
- **Republic Day Celebration on 26th August 2016.**





February:

- **Celebration of Wetland Day on 2nd February, 2016**





NSS Camp Activities 2015-2016

12/ 01/ 2016 :

- Introduction Session of the Volunteers and Making Groups.
- Visiting the Adopted Area.
- Essay Competition on Swami Vivekanand to observe National Youth Day.
- Cleaning of Camp and Nearby Area.



13/01/2016:

- Morning Walk and Exercise
- Cleaning Camp Area.
- Watering the plants



- **Visit to Sangopita (Home for Mentally Retarted People)**



- Visit to Old Age Home

14/01/2016:

- Morning Walk and Exercise
- Cleaning Camp Area.
- Tree Plantation at Old Age Home



- Cleaning Activity in Sangopita

15/01/2016:

- Morning Walk and Exercise
- Cleaning Camp Area.
- Watering the plants
- Distribution of Note books and stationery in Sangopita.
- Preparation of Role Play on Importance of Swachh Bharat.

16/01/2016 :

- Morning Walk and Exercise



- Cleaning Camp Area.
- Watering the plants
- Preparation and Practice of Role Play on Road Safety.
- Meeting with Mr. Tatya Hambhir
- Digging of Pot Hole for a toilet newly constructed in the area.



17/01/2016:

- Cleaning Camp Area.
- Watering the plants
- Digging of Pot Hole for a toilet newly constructed in the area.



Survey of the adopted Area. (48 Houses)





Practicing Role play on Road Safety and Importance of Swachh Bharat.

18/01/2016:

- **Morning Walk**
- **Cleaning Camp Area.**
- **Watering the plants**
- **Swachh Bharat activity in Adopted Area**

Sessions

Date	Topic	Speaker
12/01/2016	Swami Vivekanad	Prof Sharmila Karve
13/01/2016	Opportunities in NSS	Prof. Nilesh Karbhari
14/01/2016	Healthy Practices	Prof. Manjiri
15/01/2016	Meditation	Mr. Mukesh Gulabani
16/01/2016	Andhashradha Nirmulan	Mr. Raju Koli
17/01/2016	Yoga Women Law	Prof. Lokhnade Prof. NeelimaKamat



