Sadhubella Education Society's
Minority Institute

J. Watumull Sadhubella Girls College

Near Government Dispensary,
Ulhasnagar–421 001, Dist–Thane

NSS Activities 2016-2017

-Principal-
Dr. Vasant P. Mali



-NSS Programme Officer-
Ms. Sonam Pinjani

- NSS Member-
Ms. Sonam Kotwani
Mr. Rajesh Kumar Singh

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Vision :

The vision is to build the youth with the mind and spirit to serve the society and work for the social uplift of the down-trodden masses of our nation as a movement.

Mission :

The National Service Scheme has been functioning with the motto "NOT ME BUT YOU" in view of making the youth inspired in service of the people and hence NSS Aims Education through Community Service and Community Service through Education.

Broad Objectives :

- Understand the community in which they work
- Understand themselves in relation to their community
- Identify the needs and problems of the community and involve them in problem solving process
- Develop among themselves a sense of social and civic responsibility
- Utilize their knowledge in finding practical solution to individual and community problems
- Develop competence required for group living and sharing of responsibilities
- Gain skills in mobilizing community participation
- Acquire leadership qualities and democratic attitude
- Develop capacity to meet emergencies and natural disasters and
- Practice national integration and social harmony

Motto:

The Motto of NSS "Not Me but You", reflects the essence of democratic living and upholds the need for self-less service. NSS helps the student's development & appreciation to other person's point of view and also show consideration towards other living beings. The philosophy of the NSS is a good doctrine in this motto, which underlines on the belief that the welfare of an individual is ultimately dependent on the welfare of the society as a whole and therefore, the NSS volunteers shall strive for the well-being of the society.

NSS Lakshya Geet

UthenSamaj KeLiye Uthen – Uthen,
Jagen Swarashtra Ke Liye Jagen – Jagen

Swayam Saje Vasundhara Sanwar Den-2
Hum Uthen – Uthega jag Hamare Sang Sathiyo
Hum Badhen To Sab; BadhengeApneAapSathiyo
Jamin Pe Aasmann Ko Utar Den – 2
Swayam Saje Vasundhara Sanwar Den – 2
Udasiyon Ko Door Kar Khushi Ko BantteChalen
Gao Aur Shahar Ki Duriyo Ko Patte Chalen

Gyan Ko Prachar De Prasar De
Vigyan Ko Prachar De Prasar Den
Swayam Saje Vasundhara Sanwar Den – 2

Samarth Bal Varidh Aur Nariyan Rahen SadaHare Bhare Vano Ki Oudhati Rahe Dhara

Tarakkiyon Ki Ek Nayi Katar Den – 2
Swayam Saje Vasundhara Sanwar Den – 2
Ye Jati Dharam Boliyon Bane No Shool Raah Ki
Vdhayen Bel Prem Ki Akhandata Ki Chaah Ki Bhavana Se ye Chaman Nikhar Den
Swayam Saje Vasundhara Sanwar Den – 2
Uthen Samaj Ke Liyeu then – Uthen
Jagen Swarashtrake Liye Jagen – Jagen
Swyam Saje Vasundhara Sanwar Den – 2

..... Jai Hind .....

Report of Activities Conducted in the Year 2016-2017

JUNE:

- **Celebration of International Yoga Day** on 21st June 2016 – NSS Unit followed International Yoga Day in which many volunteers practiced different Yoga Asanas and also importance of Yoga was also explained to all the Volunteers.



Different asanas practiced by Volunteers on Yoda Day – 21st June 2016

JULY:

- **Voter ID Registration** was conducted with the intention of influencing all the students of our college to Vote for a better future of our country.



Prof. Rajesh Kumar Singh explaining the importance of Voting to Volunteers

- **Tree Plantation** in college premises was conducted with an intention of keeping our environment healthy and also to make our volunteers realise why it is so important to plant saplings around our environment, as it keeps the surrounding fresh and healthy and also helps in depolluting the air we breathe.





Prof. Suryavanshi and Volunteers of NSS planting sapling in college premises

AUGUST:

- **Swachh Bharat Activity** at Shahad Station on 1st August 2016 was conducted in collaboration with Municipal Corporation of Ulhasnagar. This step was taken to aware all the public about our Prime Ministers initiative of keeping our country clean and healthy.



Volunteers on Swachh Bharat Awareness at Shahad Station on 1st August 2016

- Oath for Swachh Bharat
- Swachh Bharat Cleaning Activity in College Premises.
- Poster Making Competition on Swachh Bharat Abhiyan.



Posters prepared by Volunteers on Swachh Bharat Abhiyan.

- Celebration of Independence Day on 15th August 2016. Independence Day was celebrated by hoisting flag followed by singing the National Anthem. Our NSS volunteers also conducted some programs like singing patriotic song, dance, speech etc.



Volunteers performing on
Independence Day celebraton – 15th August 2016

- Session on Organ Donation in college.

SEPTEMBER:

Throughout the month of September different activities were conducted on Blood Donation. Volunteers prepared posters to display in the college premises so that everyone in college could know why donating blood is so important. Volunteers also preformed street play at Nehru Chawk, Ulhasnagar and also Blood Donation Camp was set up in the college premises.



- Orientation Session by Prof. B.S Bidve was conducted to make volunteers aware about what NSS is, what do we practice in NSS, our motive, aims, objectives and also different activities that are conducted under NSS Unit.



Prof. B.S. Bidve taking Orientation session of NSS

- **NSS Day Celebration** on 24th September, 2016 – on this day all the NSS Volunteers joined at our college ground and our Principal Sir Dr. Vasant P. Mali hoisted the NSS flag followed by reciting the NSS song.





NSS Day celebrated by Hoisting the flag of NSS and also by singing the NSS Anthem

- Tree Plantation in college premises along with Rotary Club.

OCTOBER:

- Bhajan Sandhya at Gateway of India on 2nd October, 2016. Volunteers of our college attended Bhajan Sandhya which is conducted at Gateway of India every year on the occasion of Gandhi Jayanti.





NSS Volunteers attending Bhajan Sandhya at Gateway of India on 2nd October, 2016

- Session on **Road Safety** conducted by Inspector Mr. Shrikant Dharne who is the Inspector of Ulhasnagar 01 Police Station. It was conducted to make people aware about the Road etiquettes every citizens should follow.



Street play performed by Volunteers on Road Safety

NOVEMBER:

- **Celebration Of Constitution Day** was celebrated on 26th November, 2016 also known as Samvidhan Divas, is celebrated in India on 26 November every year to commemorate the adoption of the Constitution of India.



P.O of NSS Ms. Sonam Pinjani explaining importance of Constitution Day on 26th November 2016

DECEMBER:

- AIDS awareness Programme was conducted 1st December, 2016 for creating awareness amongst volunteers to understand how AIDS can spread, its prevention, its treatment etc.



Principal Dr. Vasant P. Mali explaining students about AIDS on 1st December 2016

JANUARY:

- Rally was organised on **Republic Day** on 26th January, 2020





FEBRUARY:

- Eye check-up camp was organised for all the students of college. It was conducted with the intention that we often ignore to take check-up of our eyes as it is one of the vital organ of our body. Through check up the doctors recommended how to take care of eyes, also suggested home remedies of taking care of eyes and also explained how to protect our eyes from sun, dust etc.



Special Residential Camp from 15/01/17 to 21/01/17

Day 1: 15th January, 2017

- ✓ Arriving at the camp venue
- ✓ Session by Mr. Anubhav Manjrekar



- ✓ Introduction Session by Prof SupriyaSalvee.
- ✓ Forming of Groups and assigning the duties to each group.
- ✓ Yoga Session conducted by Prof. Sharmila Karve.



Day 2 : 16th January, 2017

- ✓ Morning Walk and Exercise Cleaning camp site and watering trees and plants
- ✓ Session on Stress Free Living conducted by Ms. Muskan Makhijani.
- ✓ Conducting survey of Bendshil Village (Adopted Area)







Day 3: 17th January, 2017

- ✓ Morning Walk and Exercise
- ✓ Cleaning camp site and watering trees and plants
- ✓ Session by Mr. Sachin Patil on Street Play



- ✓ Practice for activities of cultural programme
- ✓ Visiting old age home

Day 4: 18th January, 2017

- ✓ Morning Walk and Exercise
- ✓ Cleaning camp site and watering trees and plants
- ✓ Practicing street play on cleanliness habits among school children.
- ✓ Visit and session by Mr. Abhay Shaligram



✓ **Session by Area Co-ordinator Prof. Nilesh Karbhari.**



✓ **Visit to Sangopita.**



Day 5: 19th January, 2017

✓ Morning Walk and Exercise
✓ Cleaning camp site and watering trees and plants
✓ Practicing cultural programme activities.



✓ **Planting of samplings in old age home.**



✓ **Session on Motivation by Mr. Govind Kumar**



✓ **Visit and Session by Prof. B. S Bidve.**



Day 6 : 20th January, 2017

- ✓ Morning Walk and Exercise.
- ✓ Cleaning camp site and watering trees and plants.
- ✓ Swachhta Abhiyan in Adopted Area.



- ✓ Conducting street play on Anti Tobacco awareness in adopted area.
- ✓ Conducting Cultural programme at old age home.



Day 7: 21st January, 2017

- ✓ Morning Walk and Exercise.
- ✓ Cleaning camp site and watering trees and plants.
- ✓ Swachhta Abhiyan in adopted area.



- ✓ Conducted street play in school on awareness about cleanliness habits.