



SADHUBELLA EDUCATION SOCIETY'S
(Minority Institute)
J. WATUMULL SADHUBELLA GIRLS COLLEGE,
Near Government Dispensary, Ulhasnagar-421001

Report on Blood Donation Camp

NSS Unit of our college arranged Blood Donation Camp in collaboration with J.J Mahanagar Raktapedhi Blood Bank on 7th September, 2015 at college premises. It was organised with the intention of creating awareness on why we need to donate blood and how it could be helpful for people who are in need. Around 23 units of blood were collected. It is needed for regular transfusions for people with conditions such as thalassaemia and sickle cell disease and is used to make products such as clotting factors for people with haemophilia. There is a constant need for regular blood supply because blood can be stored for only a limited time before use. Regular blood donations by a sufficient number of healthy people are needed to ensure that safe blood will be available whenever and wherever it is needed. A decision to donate your blood can save a life, or even several if your blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific conditions. Along with blood donation camp we even took up activities on blood donation awareness.



Blood Donation Camp in the college library on 7th September, 2015

Ms. Sonam Pinjani
Ms. Sonam Pinjani
(NSS Programme Officer)



Mr. R. H. Suryarao
Mr. R. H. Suryarao
(I/C Principal)

Principal
J. Watumull Sadhubella Girls College
Ulhasnagar - 421 001



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Report on Street play on Road Safety

NSS Unit of our college organized Street Play on Road Safety on 05th October, 2015. The reason to conduct such street play was to inculcate the sense of following road rules whenever we drive vehicle on road. They created awareness of the need to obey traffic rules so as to make roads safer against the backdrop of the growing number of accidents. The idea was to get youth involved as they are also the target audience for the programme. Also, it's easier to orient students who are already involved in social service through NSS. Using the banners prepared by volunteers, they enacted a street play at Ulhasnagar and Nehru Chowk, so that people could be aware about the Road etiquettes every citizen should follow. In all 19 students took participated in the Street Play at both the places on same day.



Street play performed by Volunteers on Road Safety on 05th October 2015

Sonam Binjani
Ms. Sonam Binjani

(NSS Programme Officer)



R. H. Suryarao
Mr. R. H. Suryarao

(I/C Principal)

Principal

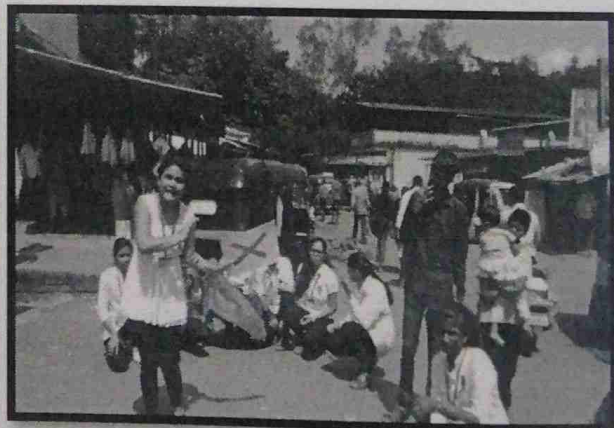
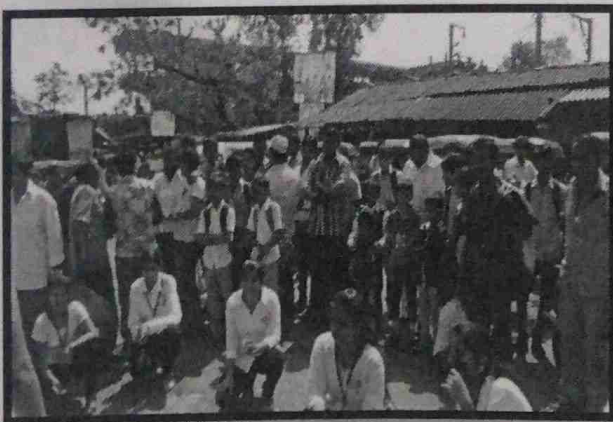
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Report on AIDS awareness Programme

NSS Unit of our College conducted AIDS awareness Programme in Titwala, Mahral and Ulhasnagar station on 1st December, 2015. Thousands of people are infected and children are being orphaned because of HIV/AIDS. Not everyone knows the impact AIDS has in every community and every business or organisation. The awareness was conducted amongst the public so that every people could understand how AIDS can spread, its prevention, its treatment etc. HIV/AIDS Awareness programmes help people become aware of the levels of care and treatment, whether they are living with HIV or if caring for someone with this disease. Students created banners on AIDS so that it could be easier to explain the public about the disease, its precautions and also treatment provided by hospitals and also by government. Volunteers spread the awareness at 3 different places, in which 7 volunteers went Mahral, 5 volunteers at Titwala and 9 volunteers at Ulhasnagar station. All volunteers reached the respective spots at 10:00 am and gave their best to explain maximum crowd about AIDS.



Volunteers creating awareness among the public on AIDS

Ms. Sonam Pinjani

(NSS Programme Officer)



Mr. R. H. Suryarao

(I/C Principal)

Principal

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Ulhasnagar

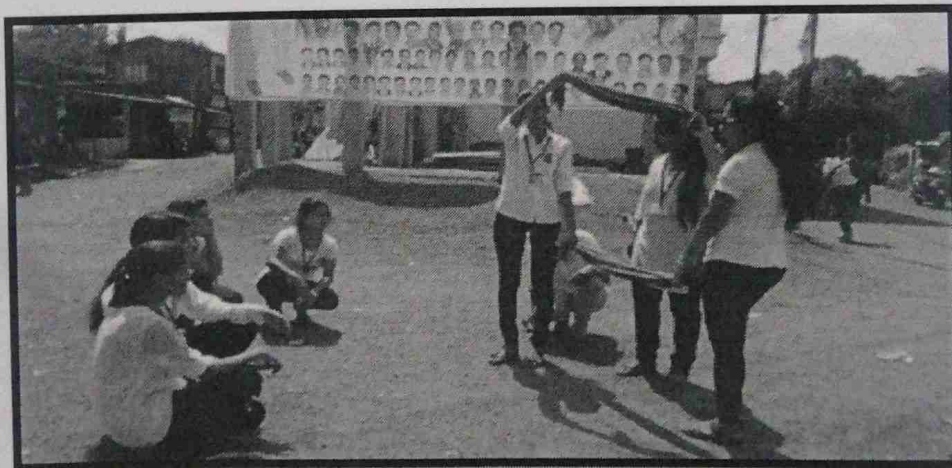


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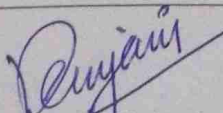
Report on Role Play on Peace and Community Harmony

NSS Unit organised a Role Play on Peace and Community Harmony at Mahral Gaon on 10th December, 2015. Communal harmony means that people of different religions, castes, creeds, sex and different background live together in the society with love and peace amongst them. Communal harmony strives to create goodwill and harmony among various communities. Around 20 NSS Volunteers were a part of this role play. Volunteers of our college felt the need of spreading the message of peace and harmony between every community, religion and caste of our country. Some of the slogans volunteers sung were,

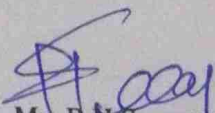
- For a more peaceful day war is not the way,
- Give Peace a chance, Hear my plea, for peace and harmony,
- Don't Hate, Appreciate, For a better long haul. let there be Peace for all.



Volunteers performing role play on Peace and Communal Harmony


Ms. Sonam Pinjani
(NSS Programme Officer)




Mr. R.H. Suryarao
(I/C Principal)

Principal
J. Watumull Sadhubella Girls College
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Report on Swachh Bharat Activity

NSS Unit of our college conducted Swachh Bharat Abhiyan Activity at Shahad Station on 8th August 2016 it was conducted in collaboration with Municipal Corporation of Ulhasnagar. This step was taken to aware all the public about our Prime Ministers initiative of keeping our country clean and healthy. Mahatma Gandhi rightly said, "Sanitation is more important than independence". Swachh Bharat Abhiyan was launched by the Government of India to solve the problems of sanitation and waste management in India by ensuring hygiene across the country. the role of students is most vital in this effort to create a cleaner India. When said this, the students can start this at their homes by educating their parents about it. Whenever you are travelling on roads, railways etc atleast try to make sure that your family does not throw the waste in public places. Besides, students can organize cleanliness/awareness drive in their locality by urging the neighbours to use public waste disposal systems or generate funds to create/maintain a waste disposal location in their locality. Students can very well help in maintaining such locations.



Volunteers on Swachh Bharat Awareness at Shahad Station on 8th August 2016

Ms. Sonam Pinjani
(NSS program Officer)



Mr. R. H. Suryarao
(I/C Principal)

Principal
J. Watumull Sadhubella Girls College
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NSS CAMP ACTIVITIES 2015-2016

The major objective of the NSS Camp is to inculcate noble human and social values in the youth so that a healthy society could be created. In the academic year 2015-2016 the NSS Camp was conducted at Bendshil, located at Ambernath, Thane Dist. Maharashtra. The NSS Camp is carried out for 7 days, to give students complete idea about the prevailing conditions of the society. The programme aims to inculcate social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. The camp was conducted from 12th December 2015 to 18th December 2015, around 46 NSS volunteers attended the camp. Our In-charge Principal R. H. Suryarao had inaugurated the camp with a motivational speech followed by an empowering speech by The Programme Officer of NSS – Ms. Sonam Pinjani.

12/01/2016:

- Introduction Session of the Volunteers and Making Groups.
- Visiting the Adopted Area.
- Essay Competition on Swami Vivekanand to observe National Youth Day.
- Cleaning of Camp and Nearby Area.



13/01/2016:

- Morning Walk and Exercise
- Cleaning Camp Area.
- Watering the plants



- Visit to Sangopita (Home for Mentally Retarded People)



➤ 14/01/2016:

- Morning Walk and Exercise
- Cleaning Camp Area.
- Tree Plantation at Old Age Home



- Cleaning Activity in Sangopita



15/01/2016:

- Morning Walk and Exercise
- Cleaning Camp Area.
- Watering the plants
- Distribution of Note books and stationery in Sangopita.
- Preparation of Role Play on Importance of Swachh Bharat.

16/01/2016:

- Morning Walk and Exercise



- Cleaning Camp Area.
- Watering the plants
- Preparation and Practice of Role Play on Road Safety.
- Meeting with Mr. Tatyahambhir
- Digging of Pot Hole for a toilet newly constructed in the area.



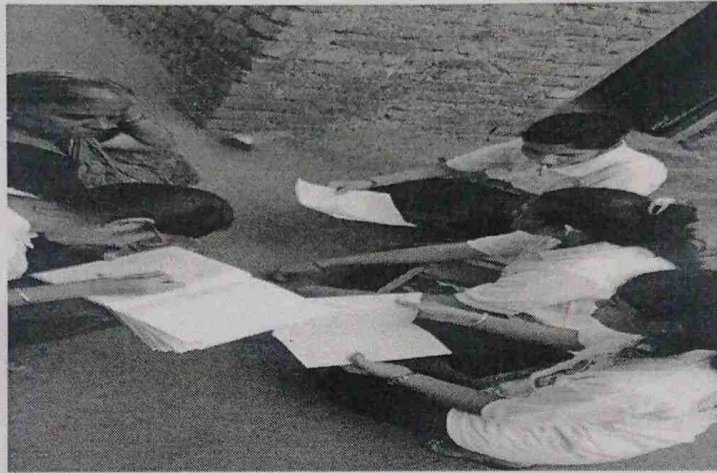
17/01/2016:

- Cleaning Camp Area.

- Watering the plants
- Digging of Pot Hole for a toilet newly constructed in the area.



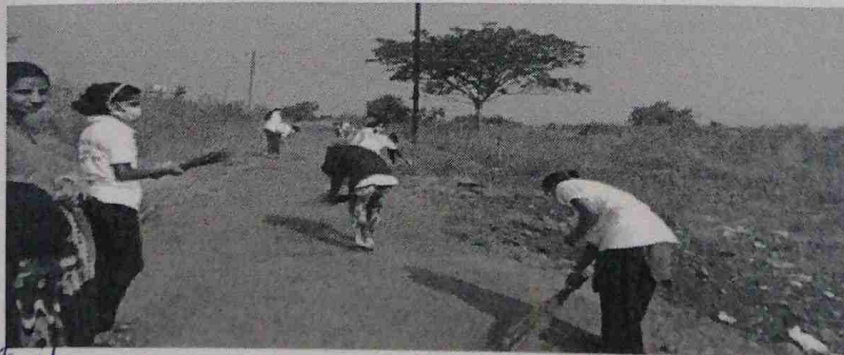
- Survey of the adopted Area. (48 Houses)



- Practicing Role play on Road Safety and Importance of Swachh Bharat.

18/01/2016:

- Morning Walk
- Cleaning Camp Area.
- Watering the plants
- Swachh Bharat activity in Adopted Area



Ms. Sonam Pinjani
(NSS program Officer)



Mr. R. H. Suryarao
(I/C Principal)

Principal

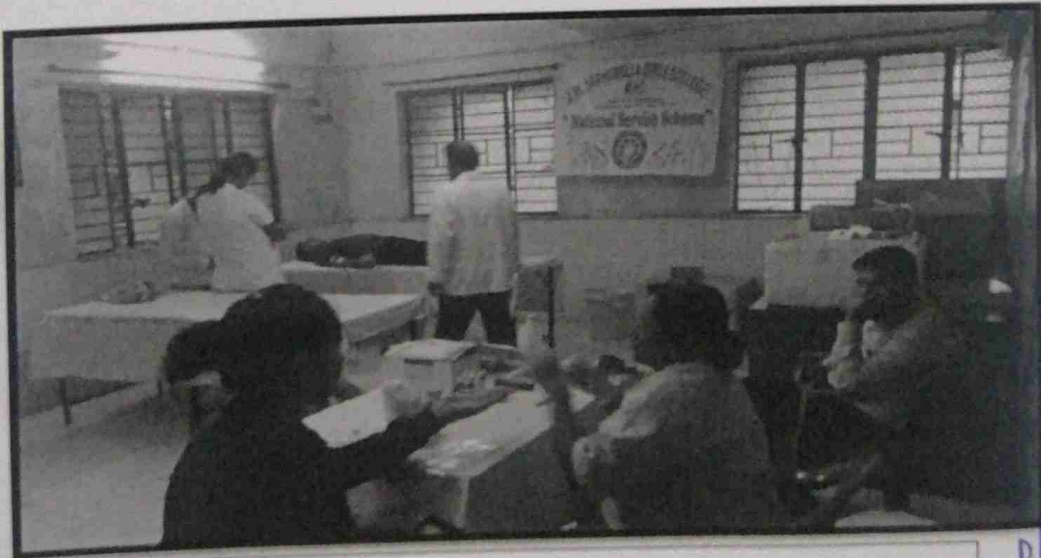
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Report on Blood Donation Camp

NSS Unit of our college in collaboration with Central Hospital conducted Blood Donation Camp on 3rd September 2016 from 10:00 am to 2:00 pm in the college premises. Human blood is an essential element of human life with no substitute. In many major surgeries and trauma emergencies the use of whole blood is now well accepted. Blood transfusion has been responsible for saving millions of lives each year around the world. Yet the quantity and quality of blood pool available for transfusion is still a major concern across the globe, especially in the developing countries. The purpose of blood donation camp to select a suitable donor whose blood will be safe to the recipient and who himself shall not in any way be harmed by blood donation. Blood donation camp should motivate the public to donate blood by oral communication, which is the most effective method of recruiting donors. 22 units of blood were collected through the Camp.



Blood Donaton Camp at college premises on 3rd September, 2016

Pinjani
Ms. Sonam Pinjani
(NSS program officer)



Mali
Dr. Vasant P. Mali
(Principal)

Principal
J. Watumull Sadhubella Girls College
Ulhasnagar



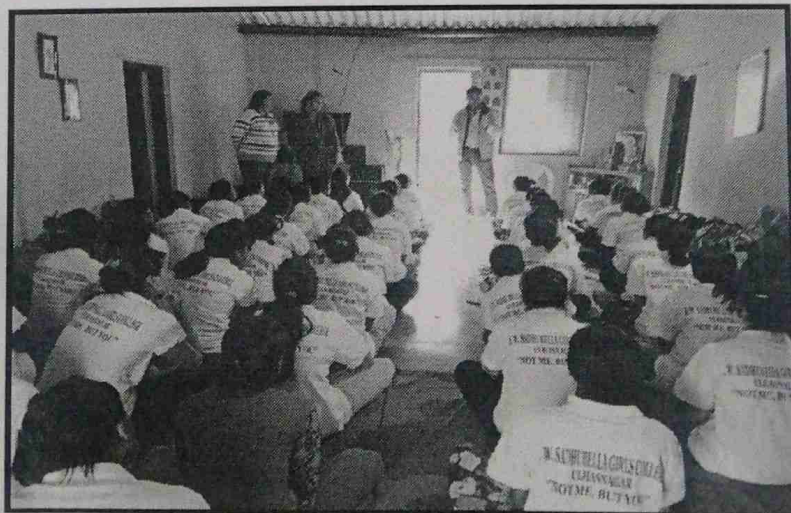
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Special Residential Camp from 15/01/17 to 21/01/17

The major objective of the NSS Camp is to inculcate noble human and social values in the youth so that a healthy society could be created. In the academic year 2016-2017 the NSS Camp was conducted at Bendshil, located at Ambernath, Thane Dist. Maharashtra. The NSS Camp is carried out for 7 days, to give students complete idea about the prevailing conditions of the society. The programme aims to inculcate social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. The camp was conducted from 15th January 2017 to 21st January 2017, around 44 NSS volunteers attended the camp. Our In-charge Principal Dr. Vasant P. Mali had inaugurated the camp with a motivational speech followed by an empowering speech by The Programme Officer of NSS – Ms. Sonam Pinjani.

Day 1: 15th January, 2017

- ✓ Arriving at the camp venue
- ✓ Session by Mr. Anubhav Manjrekar

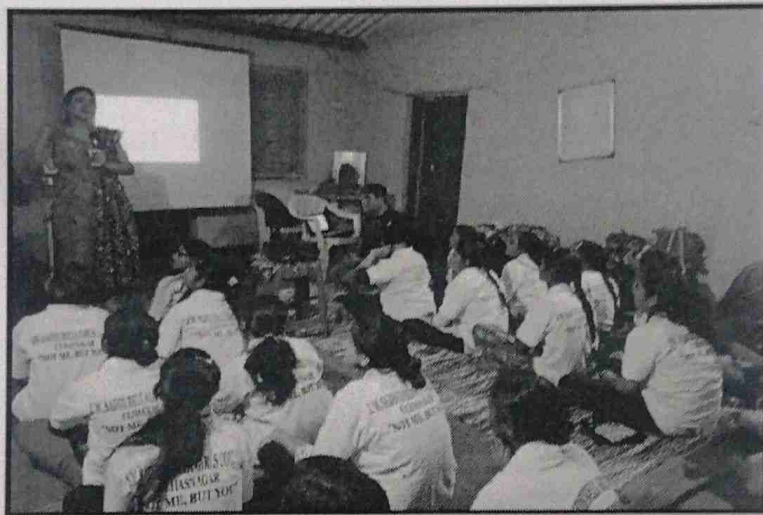


- ✓ Introduction Session by Prof SupriyaSalvee.
- ✓ Forming of Groups and assigning the duties to each group.
- ✓ Yoga Session conducted by Prof. Sharmila Karve.

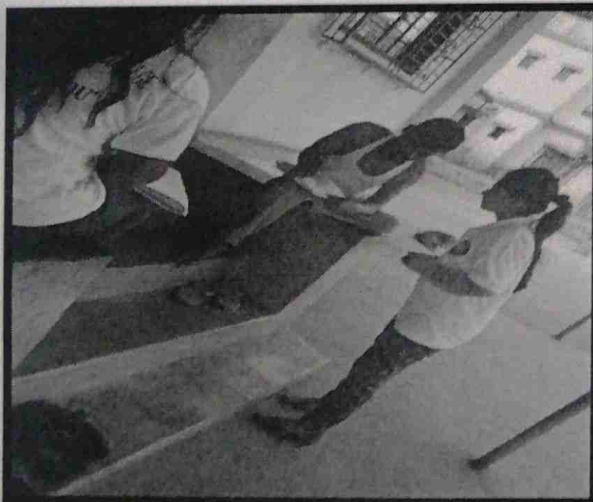


Day 2: 16th January, 2017

- ✓ Morning Walk and Exercise
- ✓ Cleaning camp site and watering trees and plants
- ✓ Session on Stress Free Living conducted by Ms.Muskan Makhijani.



- ✓ Conducting survey of Bendshil Village (Adopted Area)

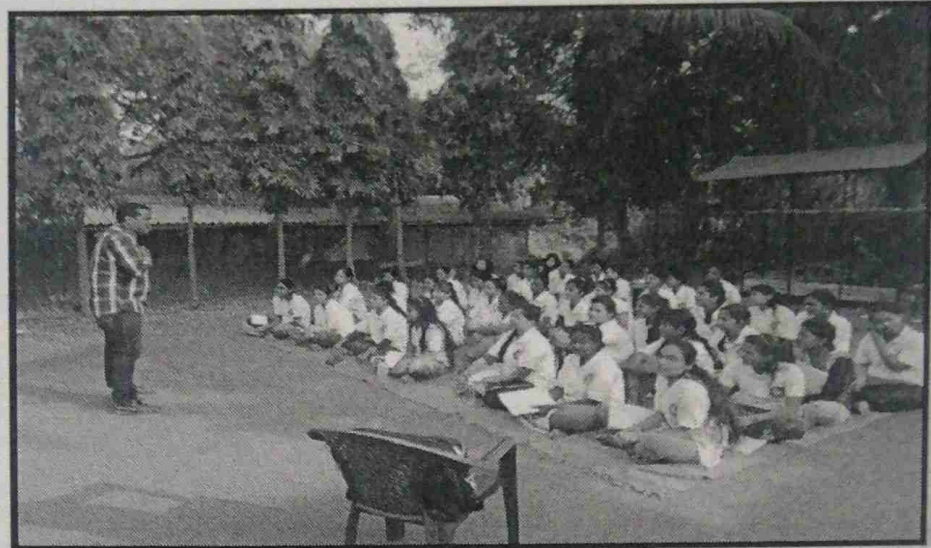


Day 3: 17th January, 2017

- ✓ Morning Walk and Exercise
- ✓ Cleaning camp site and watering trees and plants



- ✓ Session by Mr. Sachin Patil on Street Play



- ✓ Practice for activities of cultural programme
- ✓ Visiting old age home

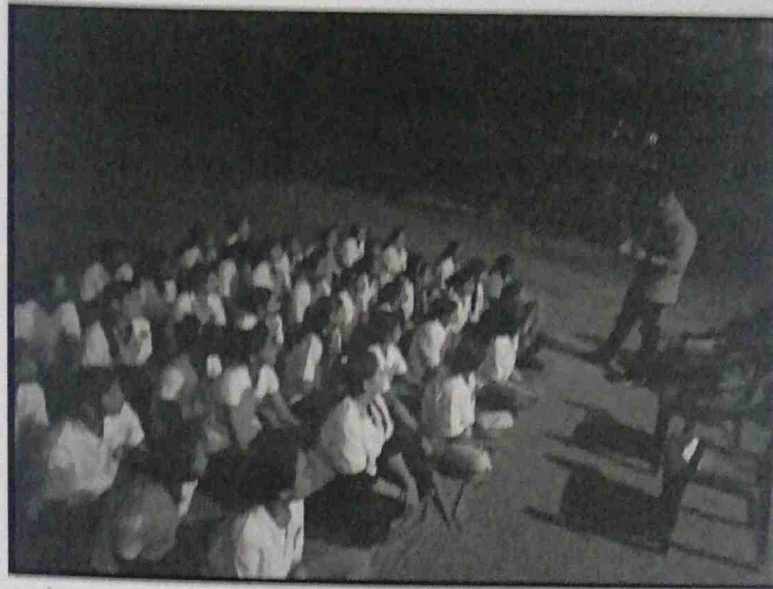
Day 4: 18th January, 2017

- ✓ Morning Walk and Exercise
- ✓ Cleaning camp site and watering trees and plants
- ✓ Practicing street play on cleanliness habits among school children.
- ✓ Visit and session by Mr. Abhay Shaligram



- ✓ Session by Area Co-ordinator Prof. Nilesh Karbhari.





✓ Visit to Sangopita.



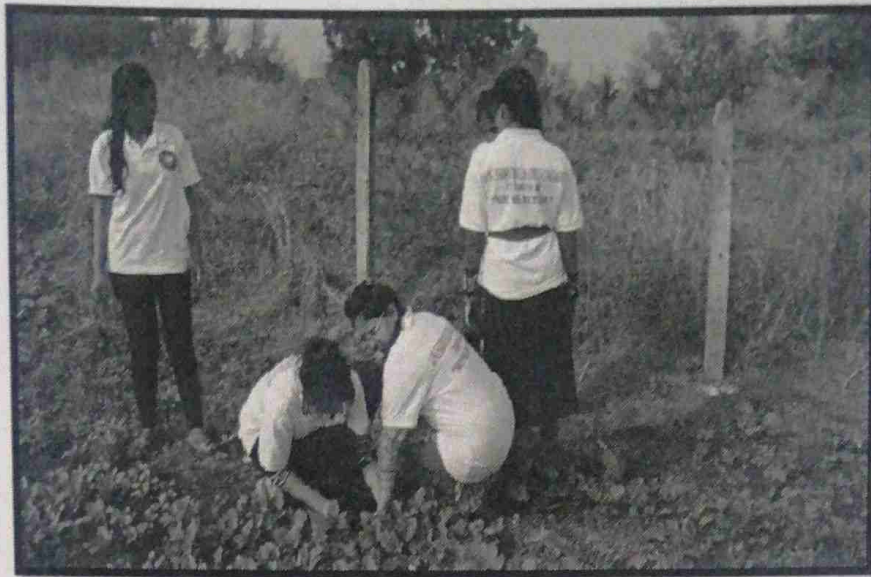
Day 5: 19th January, 2017

- ✓ Morning Walk and Exercise
- ✓ Cleaning camp site and watering trees and plants
- ✓ Practicing cultural programme activities.

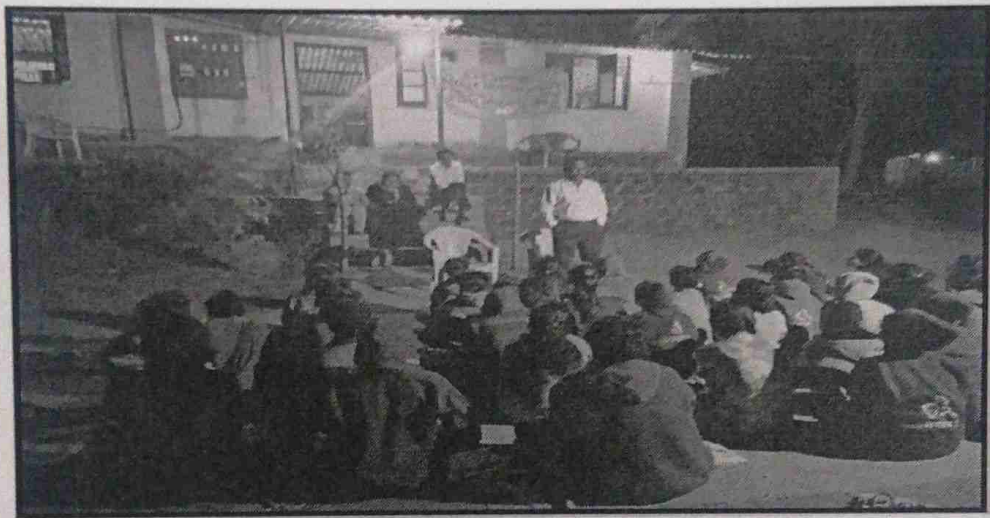


✓ Planting of samplings in old age home.





✓ Visit and Session by Prof. B. S Bidve.

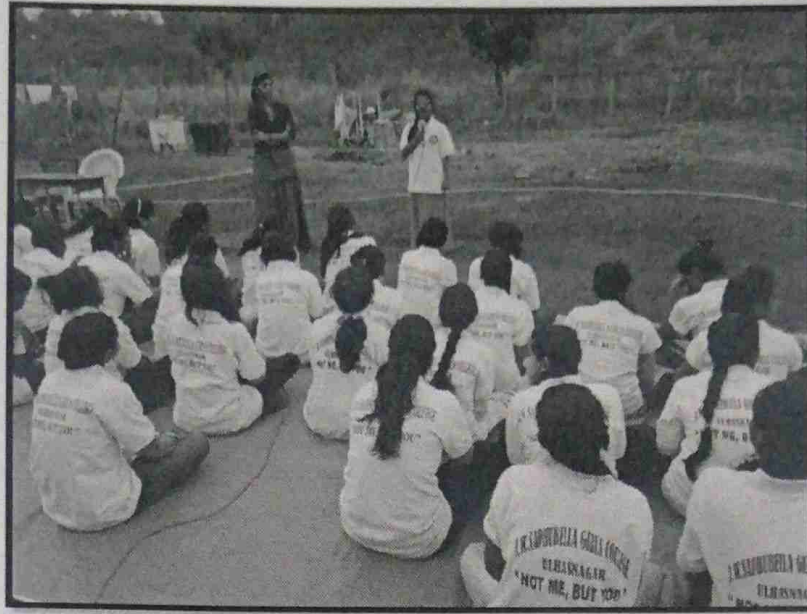


Day 6: 20th January, 2017

- ✓ Morning Walk and Exercise.
- ✓ Cleaning camp site and watering trees and plants.
- ✓ Swachhta Abhiyan in Adopted Area.

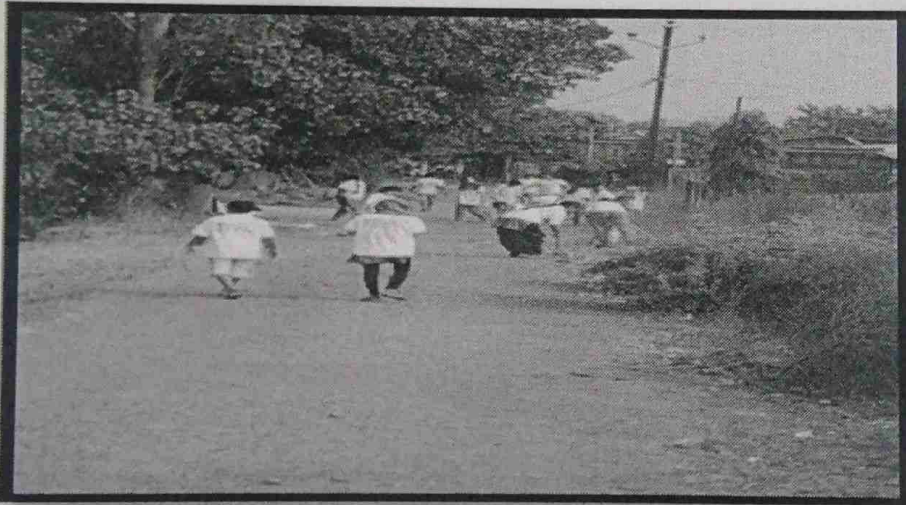


- ✓ Conducting street play on Anti Tobacco awareness in adopted area.
- ✓ Conducting Cultural programme at old age home.

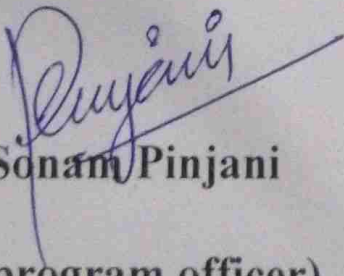


Day 7: 21st January, 2017

- ✓ Morning Walk and Exercise.
- ✓ Cleaning camp site and watering trees and plants.
- ✓ Swachhta Abhiyan in adopted area.

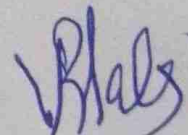


- ✓ Conducted street play in school on awareness about cleanliness habits.



Ms. Sonam Pinjani
(NSS program officer)





Dr. Vasant P. Mali
(Principal)

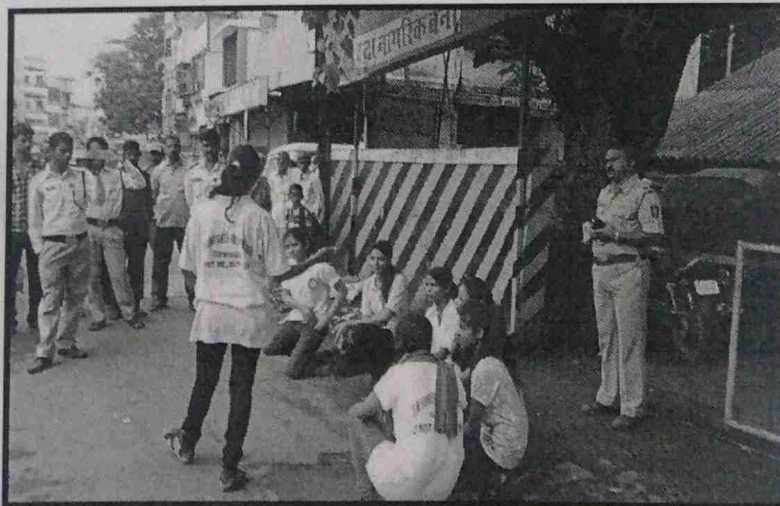
Principal
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Report on Road Safety

NSS Unit of our college conducted Road Safety Awareness along with Inspector Mr. Shrikant Dharne who is the Inspector of Ulhasnagar 01 Police Station on 3rd February, 2017. It was conducted to make people aware about the Road etiquettes every citizen should follow. Volunteers along with Inspector Mr. Shrikant Dharne made sure to inform the public how important it is to follow the traffic rules. Volunteers interacted with the public, they also conducted street play to attract the public and through banners they tried to catch the attention of the public so that they could easily explain them about traffic rules. Certain rules that explained were - at the time of driving if your 100ml blood contains more than 30mg of alcohol then the police can arrest you without a warrant with imprisonment up to 6 months and/or fine up to Rs. 10000, wearing the helmet is a must for two-wheeler riders, punishment for racing and speeding is imprisonment for up to 1 month and/or fine up to Rs. 500, if you have a driving uninsured vehicle then you will be punished with a fine of Rs. 2000 and/or imprisonment up to 3 months etc.. Around 52 students participated in Road Safety Awareness program.



Street play performed by Volunteers on Road Safety

Pinjani
Ms. Sonam Pinjani
(NSS program officer)



Mali
Dr. Vasant .P. Mali
(Principal)
Principal
J. Watumull Sadhubella Girls College
Ulhasnagar - 421 001



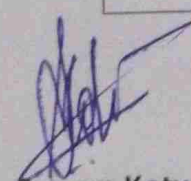
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Report on Blood Donation Camp

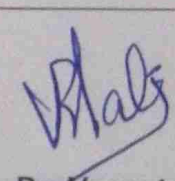
NSS Unit of our college organised Blood Donation on 4/10/2017 in collaboration with Central Hospital in our college library. It was conducted with the intention of providing blood to those who are in need, as there are people around whose life could be saved if we can take a small step of contributing our healthy blood for them. Initiative was taken also to aware students about the importance and the need of Blood donation. About 6 units of Blood were collected.



Professors donating blood for a noble cause on 4th October 2017


Ms. Sonam Kotwani
(NSS Program Officer)




Dr. Vasant P. Mali
(Principal)

Principal
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NSS Camp Activities 2017-2018

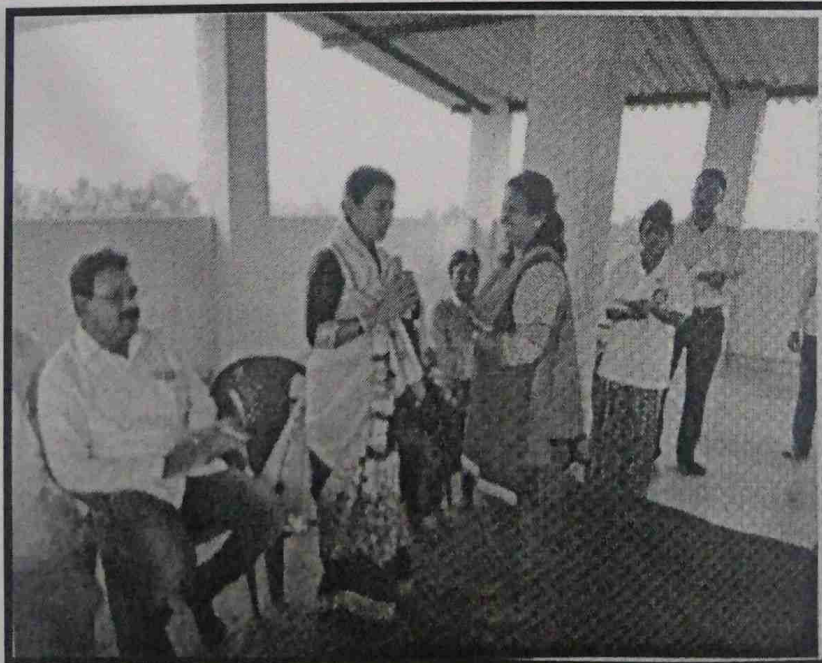
Day 1: 17th January 2018

NSS residential camp of our college was scheduled from 17th January 2018 to 23rd January 2018.

The camp was at Yatri Niwas, near Vaishnodevi Mandir, Raita village. Around 32 NSS volunteers took part in the camp along with 2 teaching staff and 1 peon. Our Principal Sir Dr. Vasant Pandit Mali, along with the NSS Program Office Ms. Sonam Kotwani had inaugurated the Camp on the first day honouring the Sarpanch of the village Mrs. Padmshri Mahendra Jadhav, Principal sir and Program Officer explained the volunteers aims and objectives of the NSS residential camp. Sarpanch of the village claimed her gratitude by promising complete cooperation needed from her part and also explained some issues prevailing in the village.

Day 1: 17th January 2018

1. Arriving at the camp Raita Village by 12 p.m.
2. Inauguration Ceremony.



3. Yoga session conducted by Prof. Sharmilla Karve at 3:00 pm.

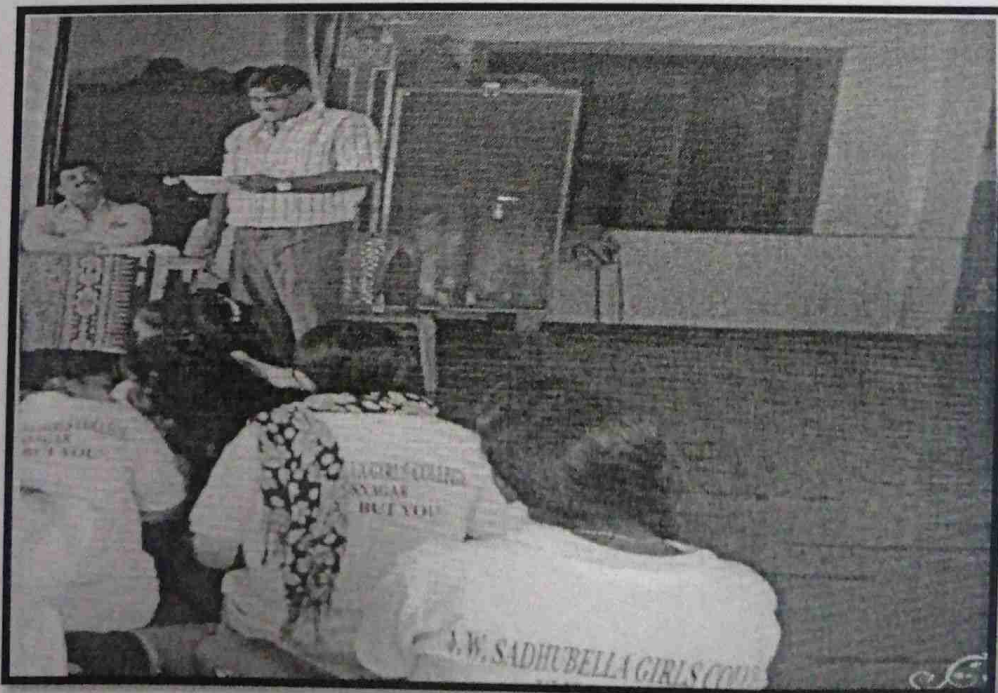
Day 2: 18th January 2018

1. Morning walk and Exercise
2. Clearing camp site and watering trees and plants.



3. Discussion of survey

4. Motivational session by Prof. Rajesh Kumar Singh at 2:30 pm.



Day 3: 19th January 2018

1. Morning walk and Exercise
2. Cleaning Camp site and watering trees and plants
3. Visit to nearby Gaon and for Swacch Bharat Abhiyan Activity

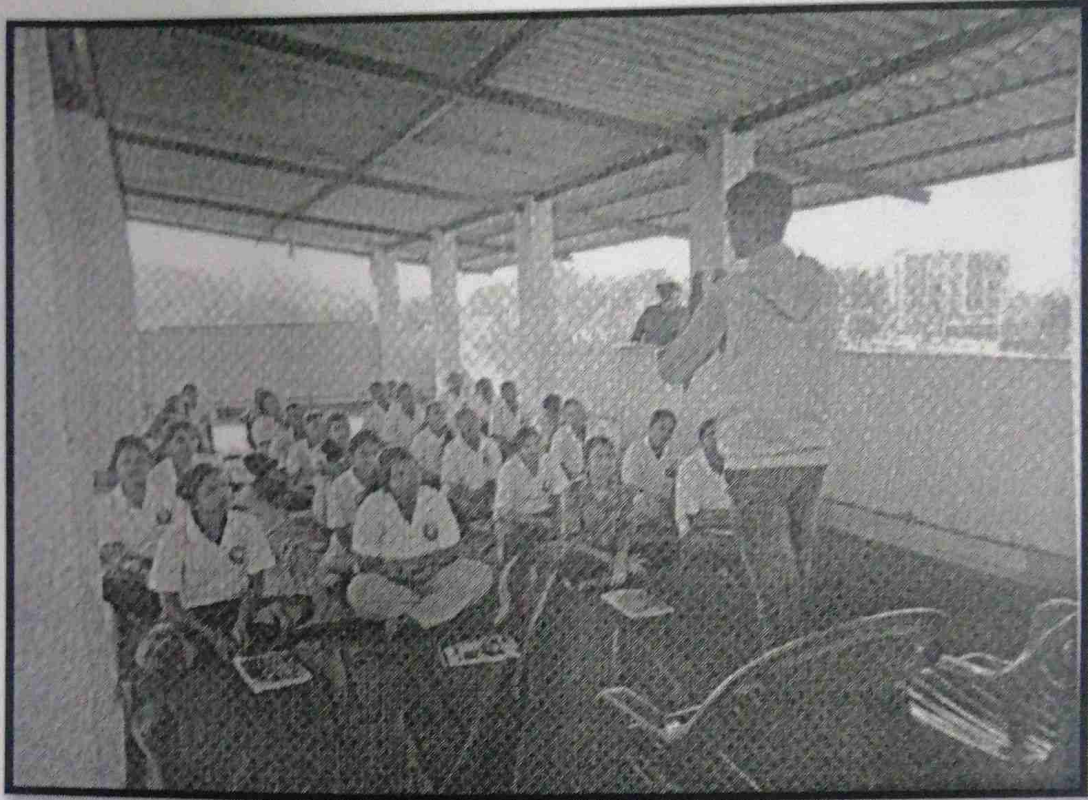


4. Session by Mr. Sachin Patil on Street play at 4:00 pm

Day 4 : 20th January 2018

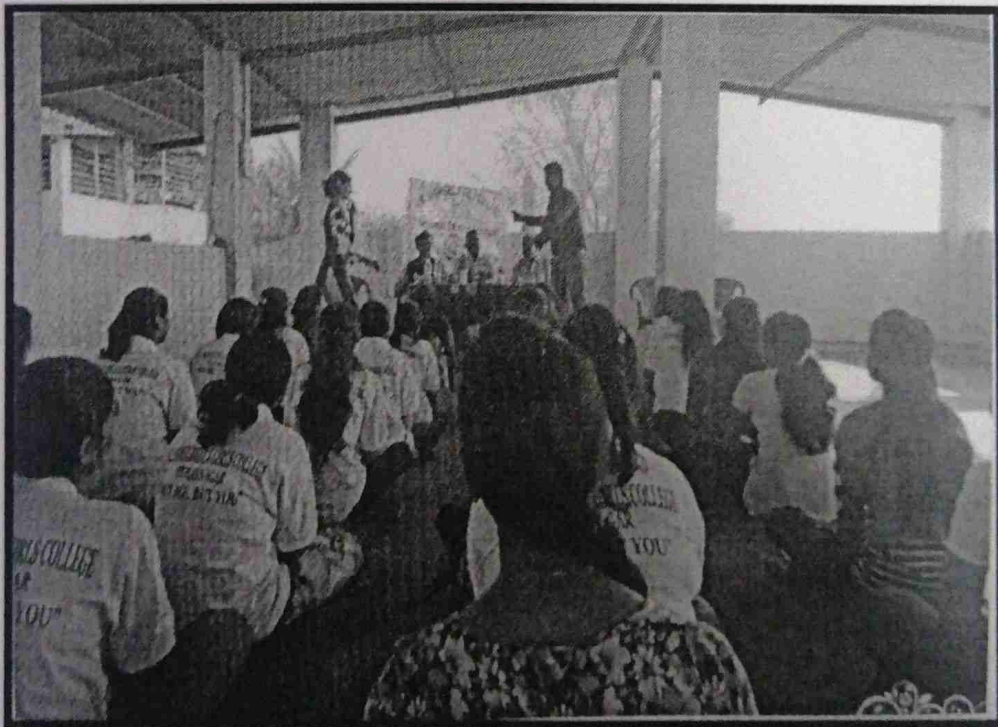
1. Morning walk and Exercise
2. Cleaning camp site and watering trees and plants
3. School and Area surrounding to school was cleaned
4. Visit and session by prof. B.S. Bidwe at 4:00 pm
5. Session on motivation by Mr. Govind Sir at 5:30 pm





Day 5: 21st January 2018

1. Morning walk and Exercise
2. Cleaning camp site and watering trees and plants
3. Session by Raju Sir on Superstitions Eradication at 12:00 pm.



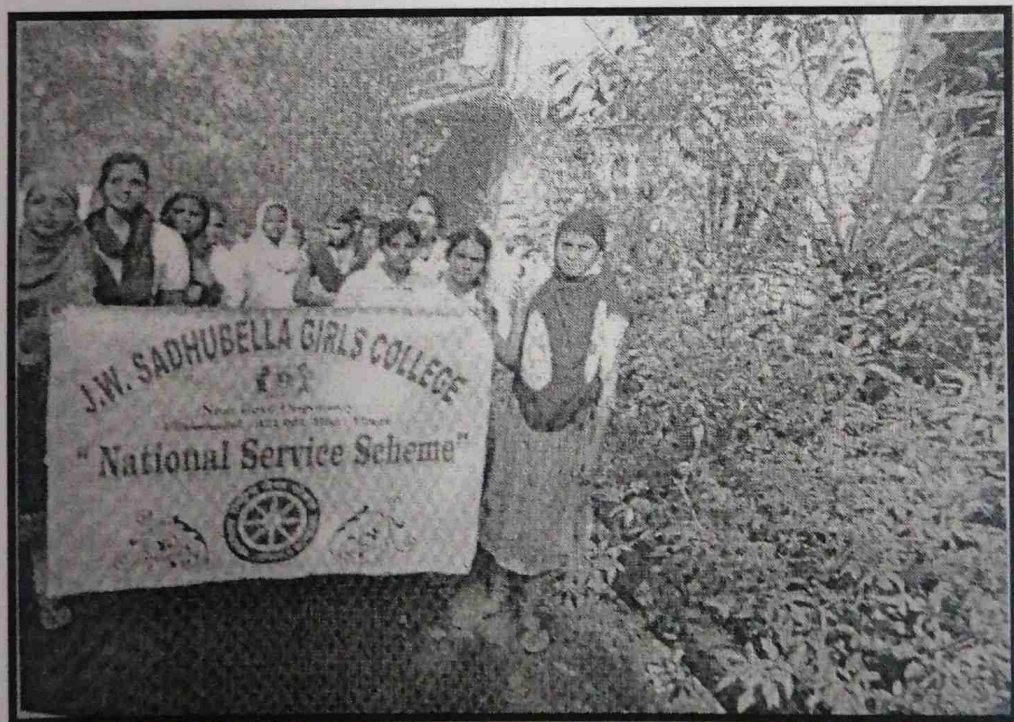
4. Dental Check - up





Day 6: 22nd January 2018

1. Cleaning camp site and Watering trees and plants
2. Visit to near by Gaon and conducted cleaning activities.



3. Visit by Area Co-ordinator Mr. Prashant Sawadekar.
4. Conducted Essay competition on Social Issues.






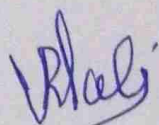
Day 7: 23rd January 2018

1. Morning walk and Exercise
2. Cleaning camp site and watering trees and plants
3. Swachhata Abhiyan in adopted area
4. Conducted street play in school on awareness about cleanliness habits.




Ms. Sonam Kotwani
(NSS Program Officer)




Dr. Vasant P. Mali
(Principal)

Principal
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Report on Swachh Bharat Abhiyan

As per our Prime Minister's initiative of 'Swachh Bharat Abhiyan' to keep our country clean, it was necessary for our college's NSS Unit to take up this initiative. We conducted this Programme on 13th August, 2018 in our college. Around 25 students took participation in this Programme. We felt the necessity of keeping the surrounding of our college clean first. So, our Principal Sir Dr. Vasant P. Mali and Program Officer Prof. Rajesh Singh inaugurated this Programme, later our NSS unit volunteers started cleaning the premises of our college by picking plastic wrappers, used bottles and other filth that was scattered around. We made sure that volunteers were wearing gloves so that they do not get infected with any flu or infections. Volunteers were acquainted with the importance of keeping premises clean and encouraged volunteers to spread the awareness to each and every citizens of our country so that everyone could know that it is also our prime responsibility to keep our country clean.

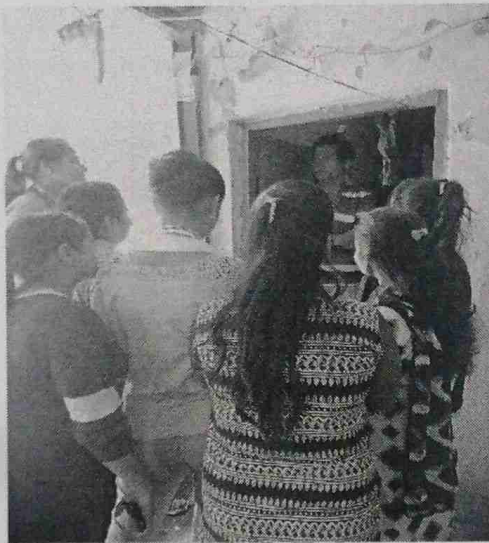
Other activities under Swachh Bharat Abhiyan :-

1. **Street Play** – Street play was conducted at Ulhasnagar -01 Bus stand, where students performed a street play and tried to portray the importance and necessity of keeping our environment clean.
2. **Spreading Awareness** - NSS volunteers of our college took the efforts of approaching the residents of Tilak Nagar. Volunteers asked them about the steps or measures that they are taking to keep the surroundings clean and also tried different methods of keeping environment clean.

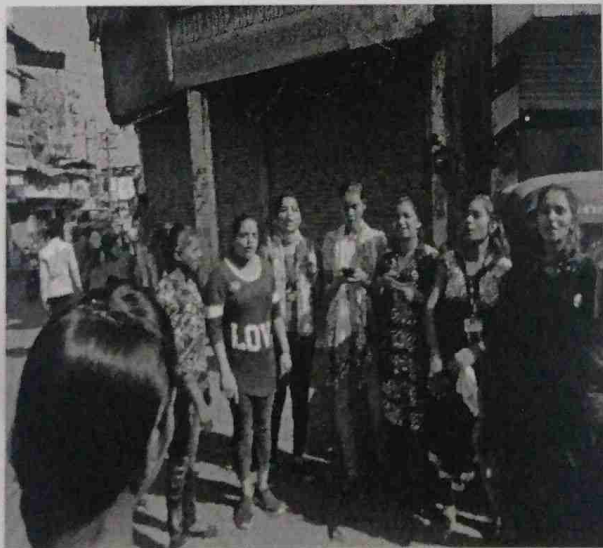




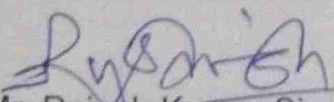
Students cleaning college premises on 13th August, 2018



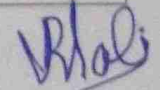
Volunteers interacting with residents of Tilak nagar



Volunteers chanting slogans and creating awareness at Ulhasnagar 01


Mr. Rajesh Kumar Singh
(NSS program Officer)




Dr. Vasant P. Mali
(Principal)

Principal
J. Watumul Sadhubella Girls College
Ulhasnagar - 421 001



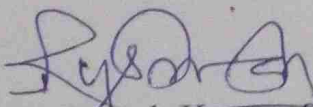
SADHUBELLA EDUCATION SOCIETY'S
(Minority Institute)
J. WATUMULL SADHUBELLA GIRLS COLLEGE,
Near Government Dispensary, Ulhasnagar-421001

Report on Plastic Ban Rally

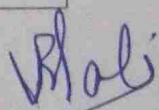
NSS Unit of our college along in collaboration with the Municipal corporation of Ulhasnagar organised a rally on 'Plastic Ban'. The rally was conducted on 28th August 2018, in which 30 students of our college participated. Students prepared banners and slogans to spread awareness among the people to stop using Plastics as it is harmful to the environment. Volunteers also made few people aware that plastic should be banned and instead cotton bags should be used. It is evident that it takes years to completely destroy a piece of plastic. We see tanks, roads and dustbins choked with plastic causing problems for our future generations. If we create more awareness of the concept of source segregation and provide alternatives to plastic bags, straws and plates (single use plastic), we can do our part in saving the earth.



NSS Volunteers taking part in rally on 28th August 2018


Mr. Rajesh Kumar Singh
(NSS program Officer)




Dr. Vasant P. Mali
(Principal)

Principal
J. Watumull Sadhubella Girls College
Ulhasnagar - 421 001



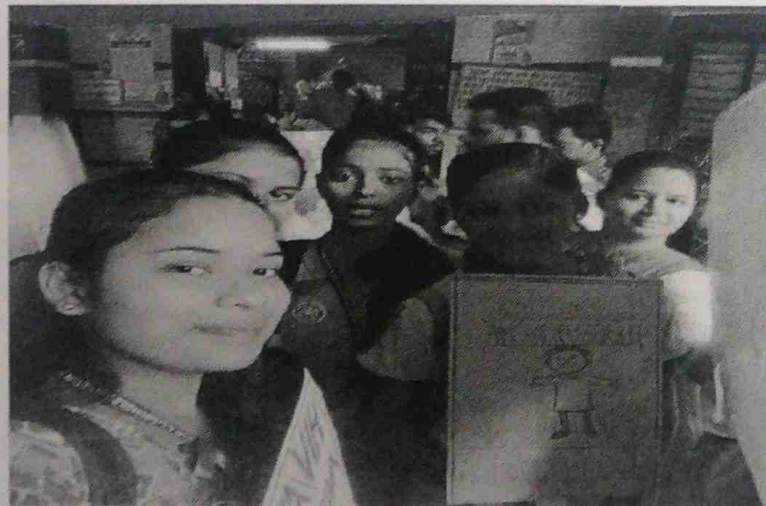
SADHUBELLA EDUCATION SOCIETY'S
(Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,
Near Government Dispensary, Ulhasnagar-421001

AIDS AWARENESS WEEK

AIDS (Acquired Immune Deficiency Syndrome) awareness week was organised from 1st to 7th December, 2018 to show support for people living with HIV and to remember those who have died from AIDS-related illnesses. World AIDS Day, designated on 1 December every year since 1988, is an international day dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV infection and mourning those who have died of the disease. . During this week we conducted 4 activities for awareness of Aids. The following were the activities taken place for AIDS awareness: -

1. Rally on AIDS awareness – the rally was conducted by Central Hospital in Ulhasnagar in which our 14 NSS volunteers actively took part in it by preparing slogans and also different banners. The rally was started from Central Hospital and went throughout the furniture market and ended back to the hospital.



Volunteers taking part in rally organised by Central Hospital



2. **Banner** – Banners were prepared from every class by the NSS volunteers portraying messages on AIDS. The banners were displayed on every walls of the college making everyone aware through drawings and messages and sayings.



Banners prepared by volunteers for AIDS on 04th December, 2018

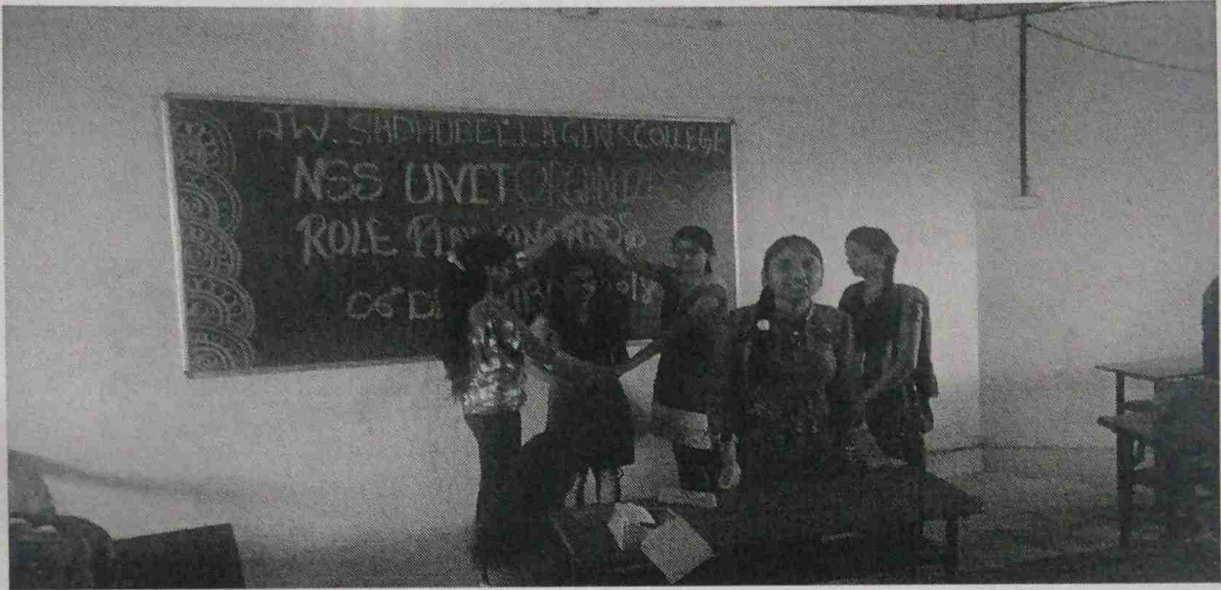
3. **Elocution** – Volunteers prepared for Elocution competition on the topic ‘HIV/AIDS prevention, treatment and care’. Volunteers clearly explained the measures to be taken, they also cleared certain myths that people had on AIDS also briefed how safe it is for others to be with AIDS infected people.



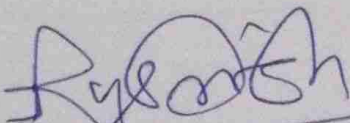
Volunteers participating on Elocution on AIDS - 04th December, 2018



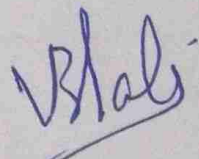
4. **Role play** – Volunteers prepared 2 role plays on the topic and performed it so that it could be more understandable how AIDS spread, what measures to be taken, and what are the medical treatments required. They enacted through a story so that students could relate it on simpler basis. Volunteers actively participated in all the programme that was conducted they had put in their maximum efforts so that they could bring about awareness around and within the people.



Volunteers performing Role Play on AIDS on 06th December, 2018


Rajesh Kumar Singh
(NSS program officer)




Dr. Vasant P. Mali
(Principal)

Principal
J. Watumull Sadhubella Girls College
Ulhasnagar - 421 001

J.W Sadhubella Girls College

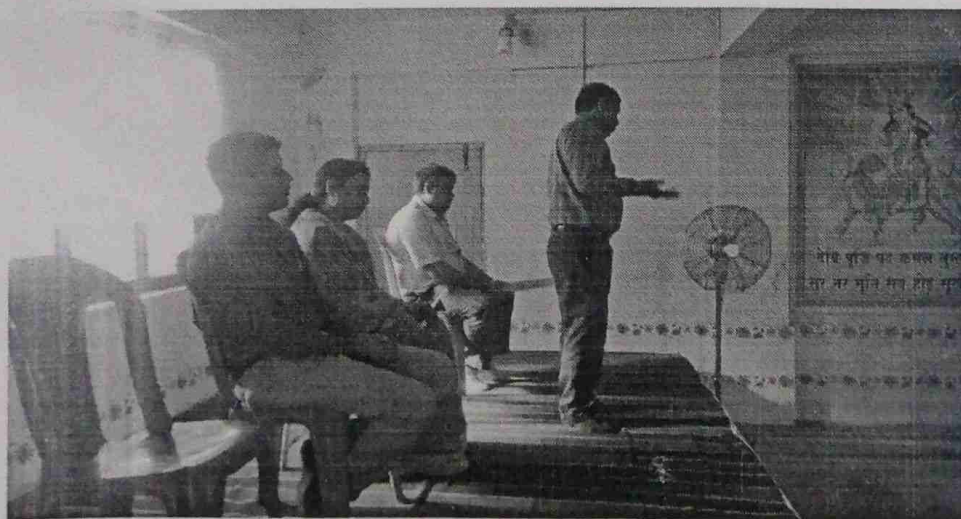
Ulhasnagar - 01

NSS RESIDENTIAL CAMP REPORT 2018-2019

NSS residential camp of our college was scheduled from 28th January 2019 to 03rd February 2019.

The camp was at YatriNiwas, near VaishnodeviMandir,Raita village. Around 32 NSS volunteers took part in the camp along with 2 teaching staff and 1 peon. Our Principal Sir Dr. VasantPandit Mali, along with the NSS Program Office Mr.Rajesh Kumar Singh and NSS member Ms. Sophy Mathewhad inaugurated the Camp on the first day honoring the Sarpanch of the village Mrs. PadmshriMahendraJadhav, Principal sir and Program Officer explained the volunteers aims and objectives of the NSS residential camp. Sarpanch of the village claimed her gratitude by promising complete cooperation needed from her part and also explained some issues prevailing in the village.

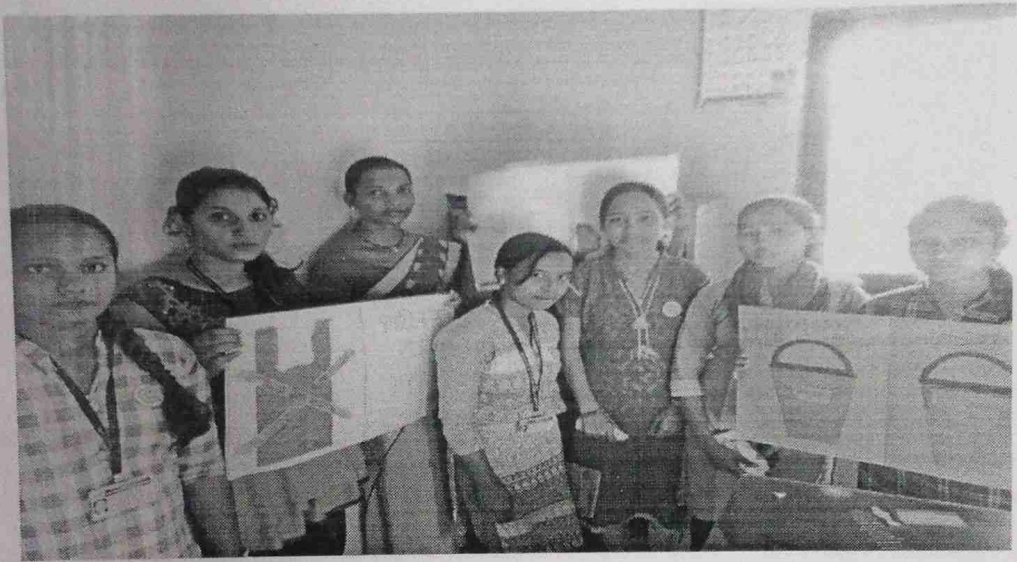
First day (28th January, 2019) of the camp volunteers were well informed regarding their daily schedule, the whole count of 32 volunteers were divided into 5 groups to which they were informed about their food committee and cleanliness committee responsibilities. Volunteers had to first clean up the premises and also the dormitory where they had to reside for next 7 days. The whole set up of kitchen was also arranged and students were made well aware regarding the surrounding.and by 7.00pm they attended the Aarthi at VaishnodeviMandir. By 8.30pm dinner was ready and by 10.00pm volunteers were on their bed to sleep.



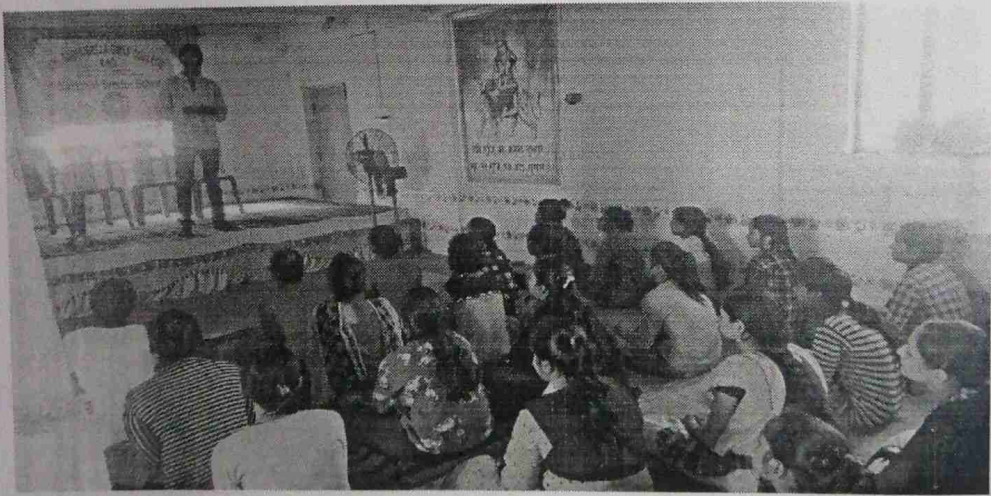
Principal Sir interacting with students during inauguration at NSS Residential camp

(for) Sophy

Second day (29th January, 2019) as per schedule they woke up by 5.00am, had to practice different yoga aasanas and warm up exercises later to which they went for a morning walk. Volunteers made it a practice of singing the NSS Anthem song everyday after the morning walk they then got freshened up and had their breakfast. After breakfast volunteers were asked to prepare banners and slogans on 'Plastic Ban'. After preparation they took break time for shower and other chores. By 1.00pm they had their lunch and after which they were taken for a rally on 'Plastic Ban'. Volunteers took the efforts to make the villagers aware how harmful it is to use a plastic bag. After the activity students had their tea break. On the same day a session was arranged on 'women empowerment' a motivational lecture taken by Mr. Govind Kumar.



Students explaining the villagers the need of Plastic Ban

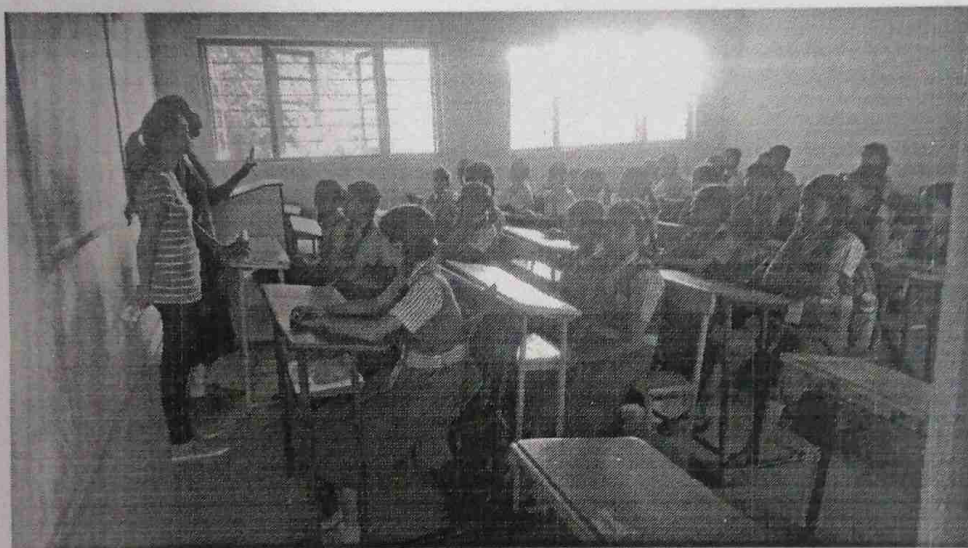


Govind Sir delivering motivational lecture to NSS Volunteers



(for) *Shahel*

Third day (30th January, 2019) the whole schedule was followed the same way. On this day volunteers by evening had to go to the village school and had to explain the school students certain measures which they should bring into practice on a daily basis like personal hygiene, cleanliness, save water, waste management etc. Volunteers sportingly took up this task and tried their best to make the students aware of certain prevailing issues. We also distributed around 250 books which were left unused in the college so that students of the village school could utilize it. By evening we had a session which was taken by one of the villagers named Mr. Francis, he explained to students how to cure diseases from basic availabilities which we have at home. Volunteers enjoyed the session to the core.



NSS volunteers explaining students on various social issues



Mr. Francis delivering lecture to NSS Volunteers on various home remedies



(for) *Sophy*

Fourth day (31st January, 2019) volunteers stuck to their schedule and their task for the day was to prepare best out of few waste papers (some waste papers were left out after the book distribution at school) they creatively made photo frames, wall decorations, garbage bin, use and throw bags etc. the best team was awarded with Rs. 500 by Neetu Purswani ma'am. By evening Kholi Sir took up a lecture on 'fight on superstitions' in which he explained the unwanted believes people were practicing and few scientific reasons of superstition and also narrated a story through poem.



NSS Volunteers prepared Best out of waste papers

On Fifth day (01st February, 2019) we had conducted a program on 'Gas Safety'. It was conducted at Raitschool where all the ladies of the village gathered and they were given information regarding the usage, precaution and conservation of gas. Tree Plantation Drive was taken up in which around 7 saplings were planted nearby the village area. On this day volunteers were even taken to Tabour Ashraam for prayer.

(for) *shrey*





Principal Sir and Sarpanch planting the saplings at village

On Sixth day(02nd February, 2019) of the camp volunteers practiced their schedule and the activity for the day was 'Swacch Bharat Abhiyan'. After their breakfast volunteers were taken to the field for Swacch Bharat Abhiyan in which they had to clean the surrounding areas of the temple, they cleaned the plastics that was dumped on the playing ground, they collected the waste particles and burnt it. Under Social Responsibility of college an initiative was taken down named 'EkMuttiYojana' in which Principal Sir, Programme Officer and all the volunteers provided some rice and yellow split peas grains to the Adivasi families residing in the village.



Volunteers cleaning barren ground of the village

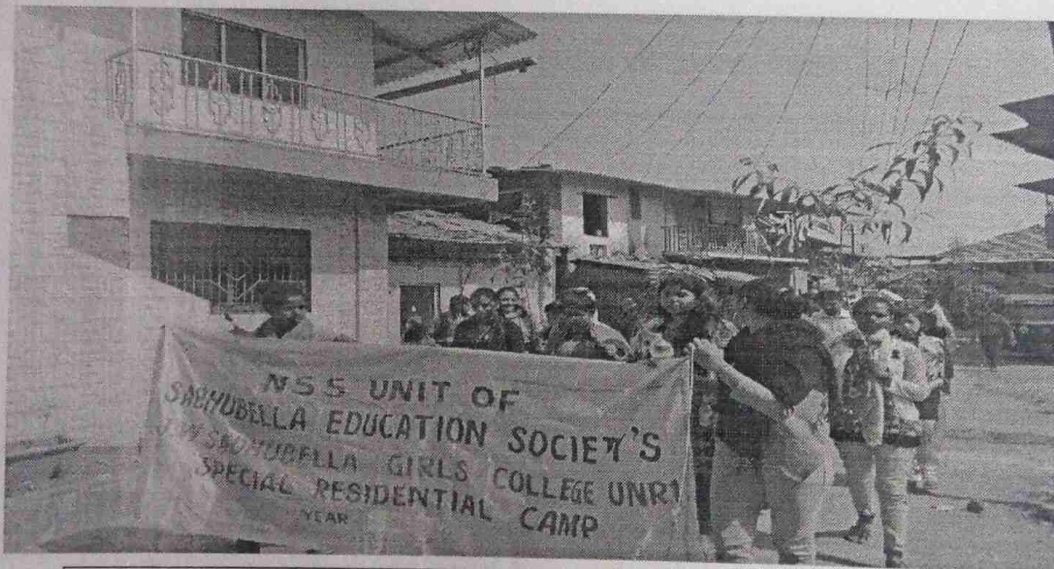


(for) shopkey



Principal Sir and Sarpanch distributing grains to adivasi families.

Seventh day (03rd February, 2019) which was the final day of the Camp, our volunteers had an interactive session with the Sarpanch wherein the volunteers explained Sarpanch various measures that can be taken for the problems prevailing in the village. The camp wined up with a rally portraying different messages and singing the NSS Anthem song. Then by 12.00pm Volunteers cleared the camp site again cleaned the premises



Last day Rally by our volunteers on various social issues

(for) *Sophy*
 NSS Programme Officer/s
NSS Programme Officer



Seal of the College

Blab
 Principal
PRINCIPAL
 J. Watumull Sarhubella C...



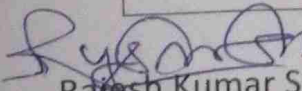
SADHUBELLA EDUCATION SOCIETY'S
(Minority Institute)
J. WATUMULL SADHUBELLA GIRLS COLLEGE,
Near Government Dispensary, Ulhasnagar-421001

Report on Blood Donation

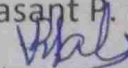
Blood donation camp was organized by NSS Unit on 02nd March, 2019 at Central Hospital for which 25 students were willing to donate blood but out of which only 5 volunteers could donate their blood. We had a teaching staff and an ex-student of our college to donate blood. All the required tests were taken duly before donating blood and refreshments were provided after the donation of blood. The Hospital certified our volunteers with donor card and a blood donation initiative certificate was also provided to the college. There is a constant need for regular blood supply because blood can be stored for only a limited time before use. Regular blood donations by a sufficient number of healthy people are needed to ensure that safe blood will be available whenever and wherever it is needed.



Students donating blood at Central Hospital on 02nd March, 2019


Rajesh Kumar Singh
(NSS program officer)



Dr. Vasant P. Mali

(Principal)

Principal
J. Watumull Sadhubella Girls College
Ulhasnagar - 421 001



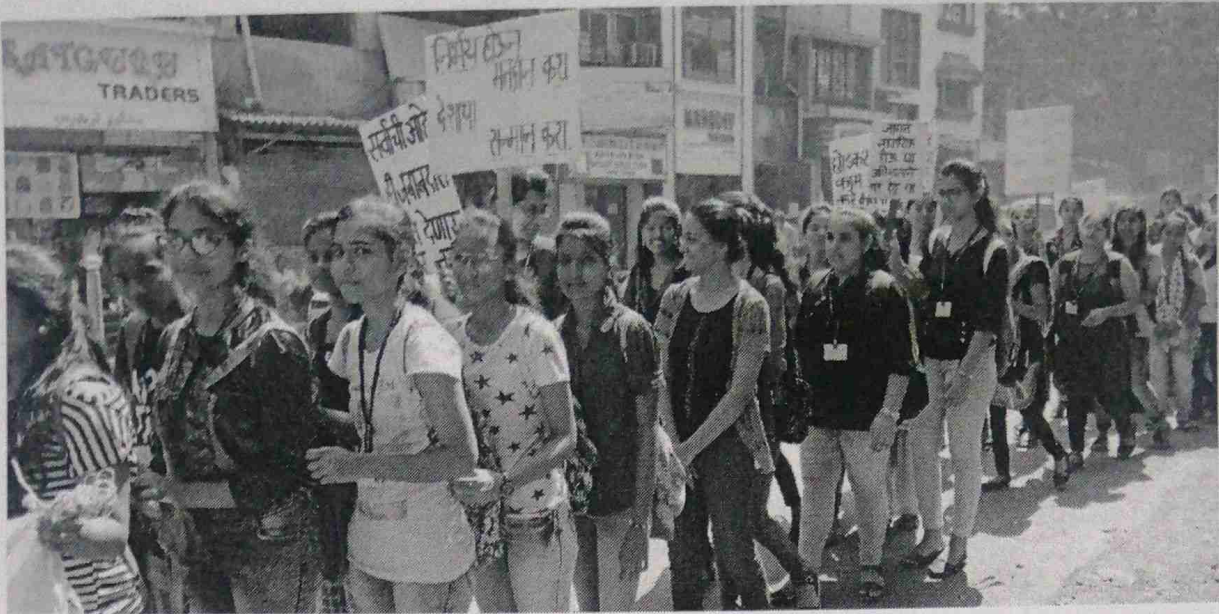
SADHUBELLA EDUCATION SOCIETY'S
(Minority Institute)
J. WATUMULL SADHUBELLA GIRLS COLLEGE,
Near Government Dispensary, Ulhasnagar-421001

REPORT ON RALLY ON VOTER AWARENESS

NSS Unit of our college had arranged a rally on 'Voters Awareness' on 07th October, 2019. The rally was carried out in the morning at 10:00 am, before the rally, our Principal Sir, Dr. Vasant P. Mali shared his views and thoughts on Importance of voting with our students. The rally was taken with an intention to create awareness amongst the public on the importance of Voting. Children created banners portraying different quotes on Voting Rights. Few of the quotes of voting which students prepared was 'Vote, because you must', 'Vote, and use your power', 'Your Vote, Your Right' and few of the banners were also in Marathi like 'Nirbhay houn Matdan kara – Deshacha sanmankara', 'Chodkar saare kaam- Chalo kare Matdan' etc.. 32 students took part in the rally actively encouraging the public to Vote as it is our rights, students even personally spoke to few people explaining why voting is so necessary and what are the losses we could face if we do not vote. Making people aware that the decision of our country's ruling parties depends on every single vote given, as one single vote can also change the whole decision of the one who could be the ruling party. Voting is the way to express their opinions in a democratic nation.

While interacting, many people instantly replied that they would be voting during elections, but there were few who didn't even have a Voting ID Card, to them our students explained the procedure of getting the ID Card ready before the elections.





Volunteers participating in Awareness on Voting Rights on 7th October, 2019



Volunteers creating Awareness on Voting Rights on 7th October, 2019

Rajesh Kumar Singh
 Rajesh Kumar Singh
 (NSS Program Officer)



V. Mali
 Dr. Vasant P. Mali
 (Principal)

Principal
 J. Watumul Sadhubella Girls College
 Ulhasnagar - 421 001



SADHUBELLA EDUCATION SOCIETY'S
(Minority Institute)

J. WATUMULL SADHUBELLA GIRLS COLLEGE,
Near Government Dispensary, Ulhasnagar-421001

CLOTH DONATION

NSS Department of J.WSadhubella Girls College on 14th October, 2019 had donated some clothes to the orphanage children of Navjeevan which is at Kalyan West at 10:00 am. Navjeevan is a project undertaken for underprivileged women and children from red light areas. Since 25 years they have been making huge impact on society by empowering the women and their children in helping them to build their own lives and their future. The clothes donated were collected from college students who were willing to contribute for the children of Navjeevan. Even teachers of the college contributed for the same. Around 4 sacks of clothes were contributed to the children for all aged groups. The sacks of clothes were handed over to the Head Clerk of the orphanage who is Mrs. Usha Thampy. She explained our volunteers how the orphanage function, what facilities are provided to them, what norms they follow and how they manage the funds. She said that the children of the orphanage are provided with education up to graduation and also they help them with job placements in different organizations. The main objective of donating clothes was to maximum utilize the spared clothes that are leftover in our cupboard and to provide it to the ones who are in need. 4 students accompanied teachers for cloth distribution.



Cloth Donation to Navjeevan Orphanage on 14th October, 2019



Bags of Cloth Donated to Navjeevan Orphanage on 14th October, 2019

Rajesh Kumar Singh

(NSS Programme Officer)



Dr. Wasant Mali

(Principal)

PRINCIPAL

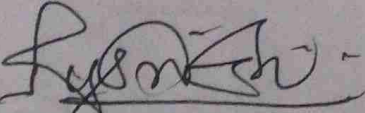
J. Watumull Sadhubella Girls College
Ulhasnagar-421 001

Blood Donation Camp Report (16th December, 2019)

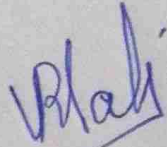
N.S.S Unit of J.W.Sadhubella Girls College Ulhasnagar-1 has been rendering selfless services to the society. As a part of it, N.S.S Unit organized Blood Donation Camp in the college premises in collaboration with HDFC Bank. Sankalp Blood Bank, Kalyan played major role. Mr. Naresh Puranik (Senior Manager) of Officer of HDFC Bank contacted to me that his organization is interested to organize Blood Donation Camp in the College. I contacted to Principal Dr. Vasant Mali and taken consent and date was fixed on 16th December 2019, Blood Donation Camp was organized. N.S.S Volunteers Spread Message in Sadhubella Primary School, Jr. College and Sr College Regarding the same. It was Stated that outsiders are allowed to Donate Blood. Entire Team of HDFC and Sankalp Blood Bank was welcomed By the Principal and NSS Programme Officer. The Programme was Done Successfully.

Our's is a GIRLS College. Girls students shown much interest but due to deficiency of hemoglobin and less weight, everyone was not permitted to donate their blood. 82 students registered for donation of blood. total 18 unit of blood was collected by Sankalp Blood Bank. We are thankful to HDFC Bank for providing financial Assistance and the employees of HDFC : 1) Mr. Naresh Puranik (Senior Manager) 2) Mr. Avinash Murade (Manager) 3) Mrs. Saiee Dhuri (Deputy Manager) And Doctors Team of Sankalp Blood Bank: 1) Dr. (Mrs) Sonali P Desai 2) Mr. Rajasekharao Nair (Technician) 3) Mrs. Narorata chorge (Technician)

Dr Vasant P. Mali Presided over the Function and expressed his views and suggested that more Efforts are required to spread the message in the society and to increase participation of outsiders. Prof Rajesh K Singh expressed vote of thanks to all the participants, HDFC team and Sankalp Blood Bank.


Rajesh K Singh
(NSS Programme Officer)




Dr. Vasant P Mali
(Principal)
PRINCIPAL
J. Watumull Sadhubella Girls College
Ulhasnagar-421 001



SADHUBELLA EDUCATION SOCIETY'S
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J. WATUMULL SADHUBELLA GIRLS COLLEGE,
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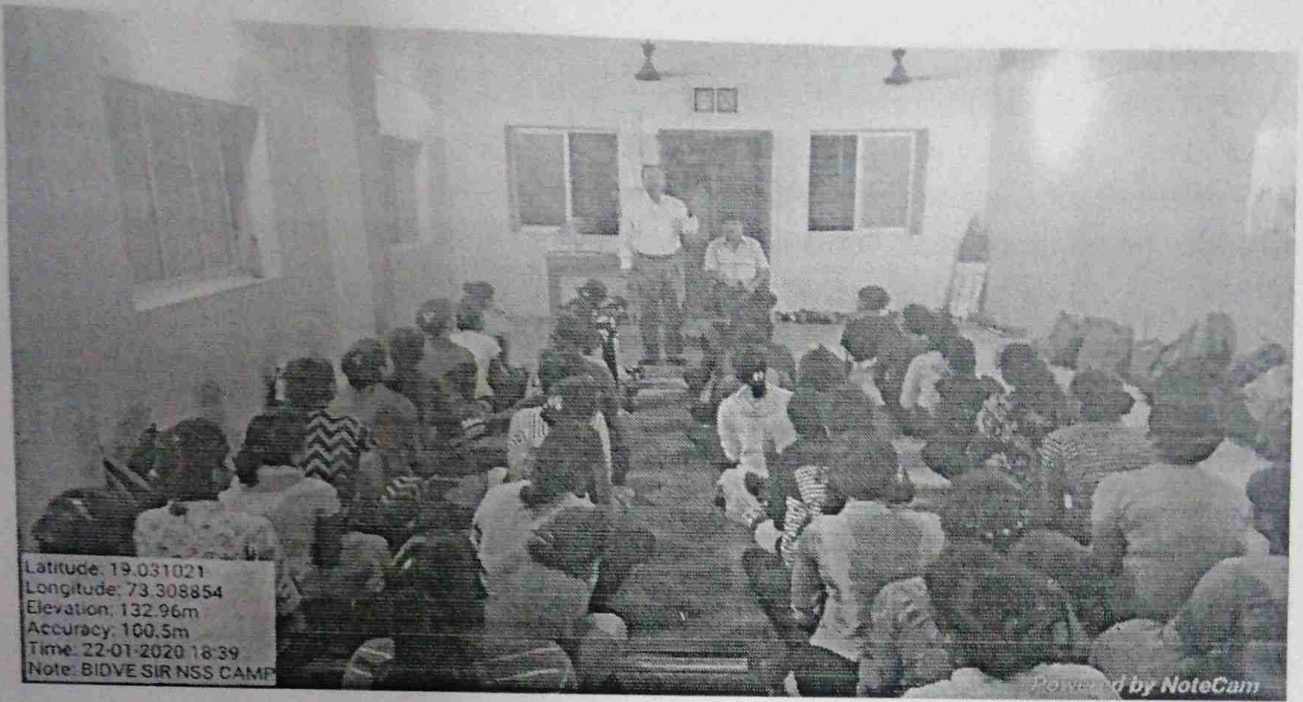
NSS CAMP REPORT 2019-2020

NSS Residential Camp was organised from 22nd January to 28th January 2020 at Kotwalwadi Trust, Neral. Around 48 NSS volunteers took part in the camp along with 2 teaching staff and 1 peon. On 22nd of January, 2020 all 48 volunteers along with NSS PO Mr. Rajesh Kumar Singh and NSS member Ms. Sophy Mathew left from college by 10:30 am and reached Kotwalwadi trust by 12:00 pm. The main objective of conducting NSS Camp was to inculcate within our volunteers the sense of social responsibilities and to interact with the society to know and understand their needs and requirements and bring up some measurable actions. The daily activities conducted in NSS Camp is as described below:-

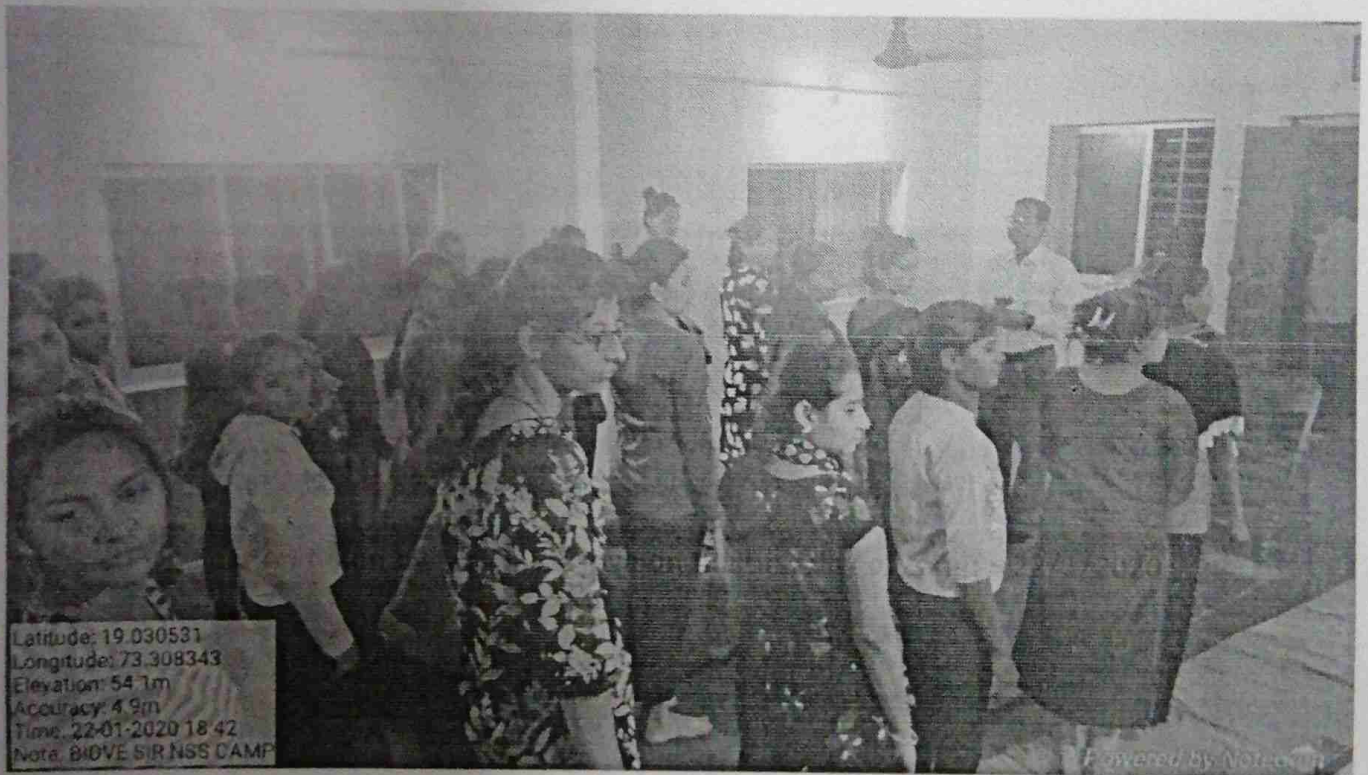
First Day – 22nd January 2020

As soon as we reached Kotwalwadi Trust, students were asked to have their lunch followed by which they were tasked of cleaning the surrounding and dormitory of the Trust so that volunteers could settle down in. Once they completed all the cleaning work, food committees and cleaning committees were assigned with their daily schedule. By evening we had a session by **Mr. B.S. Bidve** in which he explained all the volunteers about NSS, its objective, time management, adjustments in adverse situations of life, maintaining health and also how NSS could play a vital role in many people's life through contributions, service, welfare for others etc. He also made students do some activities like exercise, games etc.





Session taken by Mr. B. S. Bidve on the first day of camp – 22/1/2020

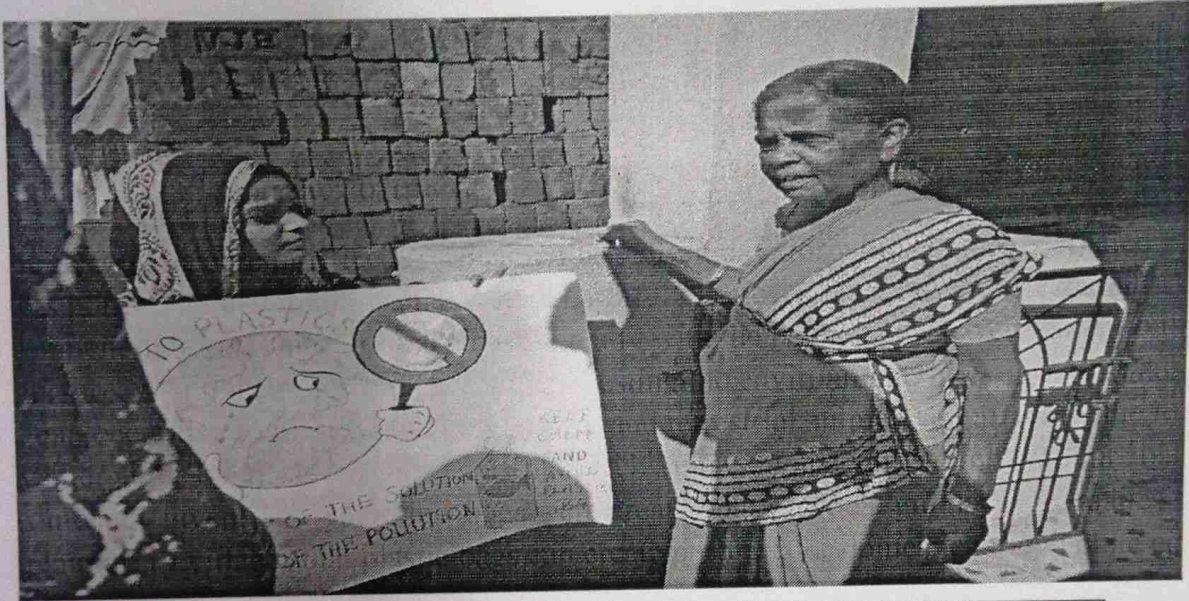


Activities taken by Mr. B. S. Bidve on the first day of camp – 22/1/2020

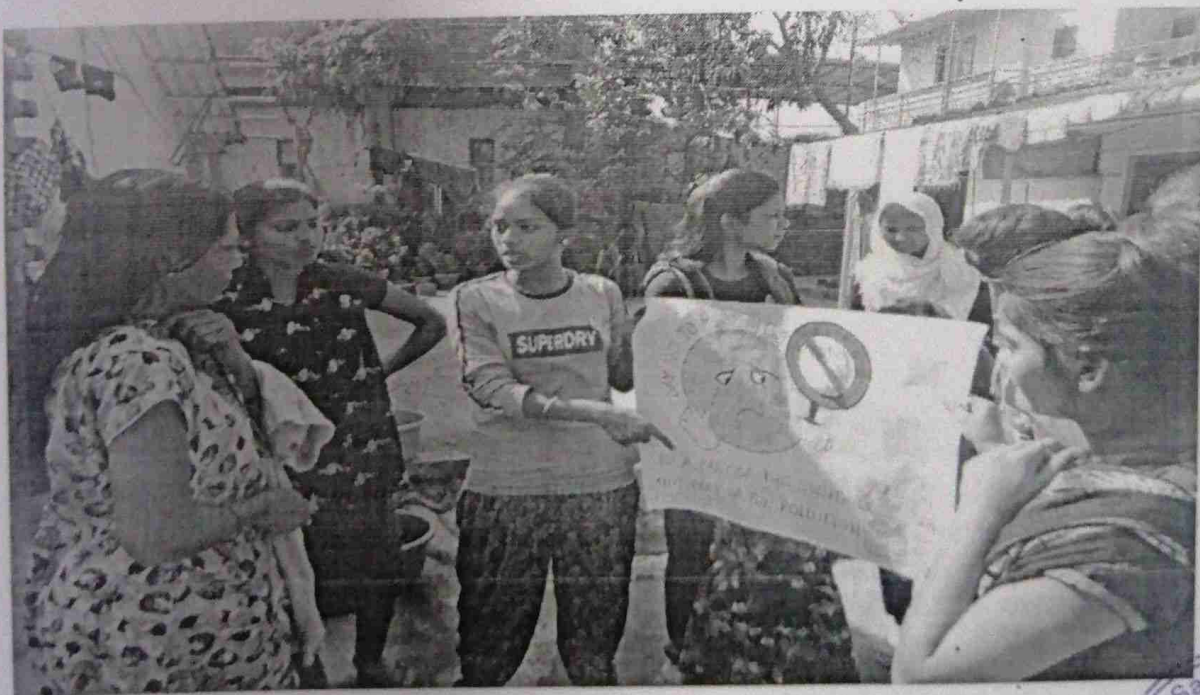


Second Day – 23rd January, 2020

On the Second day we practiced No Plastic/Plastic Ban day, for which students created banners portraying different visuals on how harmful plastics are and how it affects the environment majorly. Once volunteers were ready with the banners, they were taken to the villagers to explain them how plastics are congesting the environment, how disasters like flood can occur due to plastics and how marine and terrestrial animals are affected due to it. Many alternatives to plastic bags were explained by the volunteers like cloth bag, jute bag and some new inventions where few bags were created out of wheat grains. They made sure to explain every villager that plastic bags can create problem for domestic animals like cows, goats etc. and those animals are unaware of what they consume from the garbage bins, in which huge amount of plastics are dumped.



Awareness on Plastic Ban to villagers – 23/1/2020

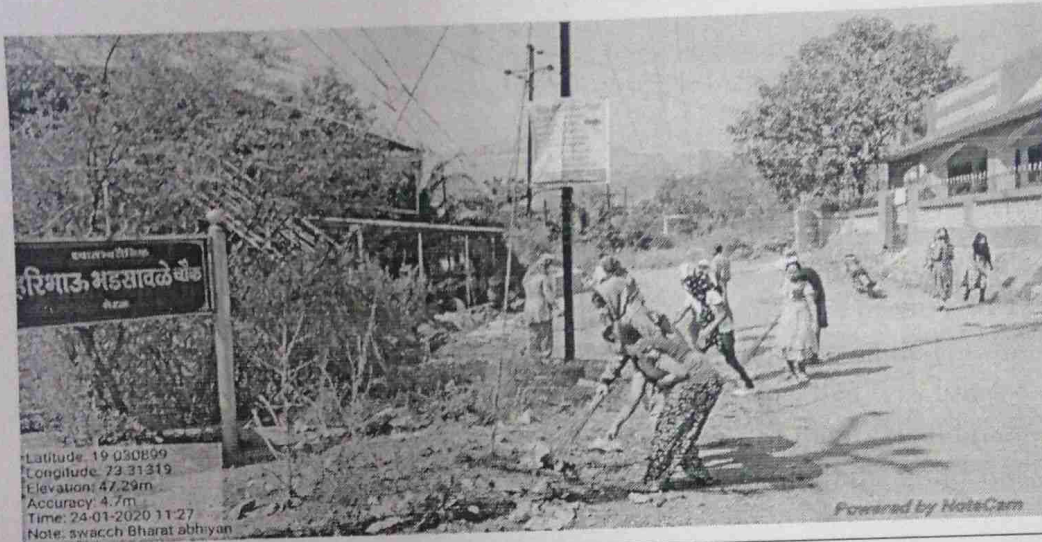


Awareness on Plastic Ban to villagers – 23/1/2020



Third Day – 24th January, 2020

On the third day all the volunteers took up their brooms with the promise to aware people about Swacch Bharat Abhiyan and also took the efforts of cleaning the premises of the villages around Kotwalwadi Trust. First students were taken to village named “MohachiVadi” where volunteers cleaned all the litters and plastics that was lying roadside. Volunteers picked up all the litters collected them at one corner of the road and then they also called up the Gram Panchayat Garbage truck of Neral to dispose of all the collected waste. After that volunteers were taken to another place in Neral, named HaribhauBadsawaleChawk where they again cleaned the whole premises.



Volunteers cleaning at 'HaribhauBadsawaleChawk' – Swacch Bharat Abhiyan – 24/1/2020

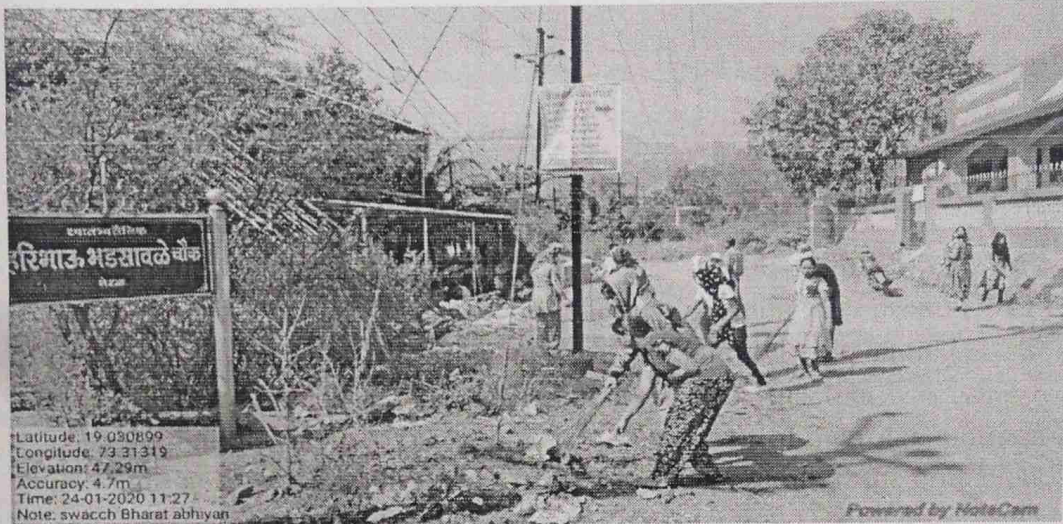


Volunteers cleaning at 'MohachiVadi' – Swacch Bharat Abhiyan – 24/1/2020



Third Day – 24th January, 2020

On the third day all the volunteers took up their brooms with the promise to aware people about Swacch Bharat Abhiyan and also took the efforts of cleaning the premises of the villages around Kotwalwadi Trust. First students were taken to village named “MohachiVadi” where volunteers cleaned all the litters and plastics that was lying roadside. Volunteers picked up all the litters collected them at one corner of the road and then they also called up the Gram Panchayat Garbage truck of Neral to dispose of all the collected waste. After that volunteers were taken to another place in Neral, named HaribhauBadsawaleChawk where they again cleaned the whole premises.



Volunteers cleaning at 'HaribhauBadsawaleChawk' – Swacch Bharat Abhiyan – 24/1/2020

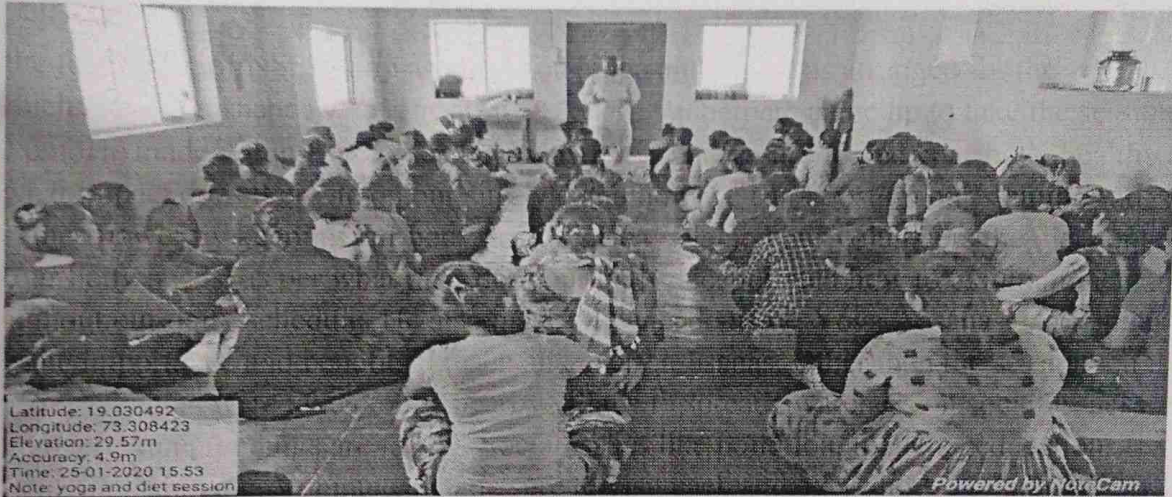


Volunteers cleaning at 'MohachiVadi' – Swacch Bharat Abhiyan – 24/1/2020



Fourth Day – 25th January 2020

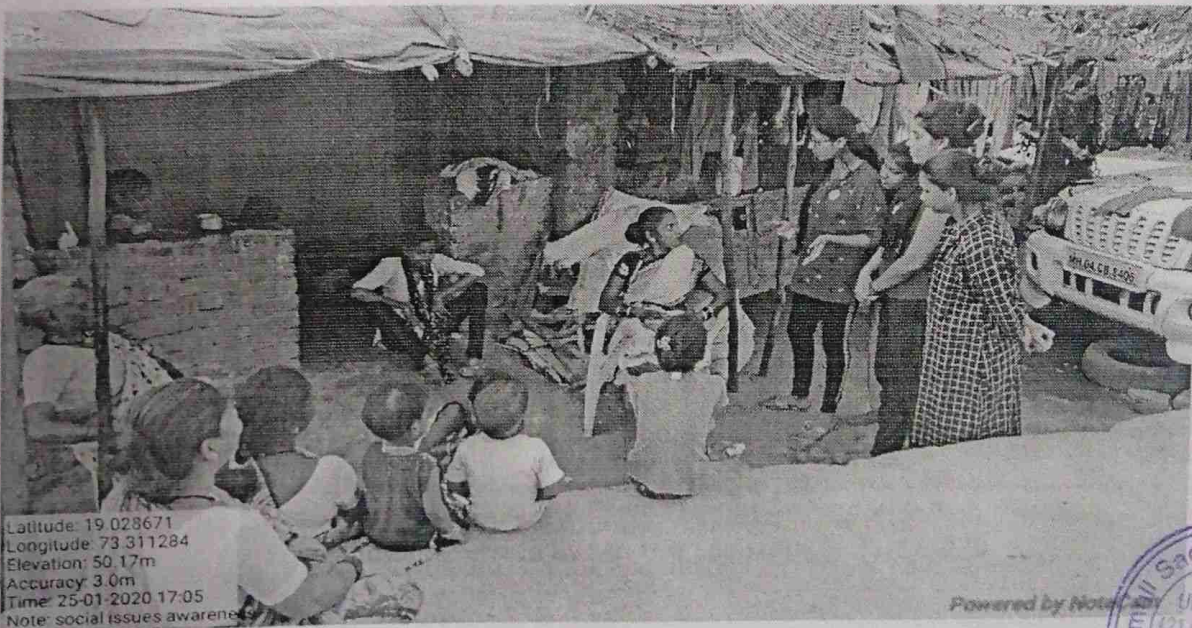
On the fourth day of NSS Camp a session on Yoga and Diet was arranged for the volunteers in which Mr. U G Lokhande who is from SICES College, Ambarnath came up to take the session at 3:00 pm. He made volunteers understand why it is so necessary to keep our body healthy and fit, what impact does it create on our survival and how we can boost up our stamina and resistance power by keeping our body healthy. He explained our volunteers the diet contents that our body needs, as per what ratio does our body accept it and how to maintain them throughout our daily schedule. He also made students do many Yoga Aasanas, explaining them the importance and benefits of each and every asanas. Other than the session, on the same day students were taken to the nearby village to spread awareness on social issues, which every human beings are facing. Social issues like pollution, hygiene, education, financial inclusion etc. Volunteers made sure to visit each and every house of the villagers, they tried to interact with them so that they could understand what issues and being faced by them and they tried their best to give appropriate solutions by making them understand every aspect.



Latitude: 19.030492
Longitude: 73.308423
Elevation: 29.57m
Accuracy: 4.9m
Time: 25-01-2020 15:53
Note: yoga and diet session

Powered by NoteCam

Yoga and Diet Session by Mr. U G Lokhande – 25/1/2020



Latitude: 19.028671
Longitude: 73.311284
Elevation: 50.17m
Accuracy: 3.0m
Time: 25-01-2020 17:05
Note: social issues awareness

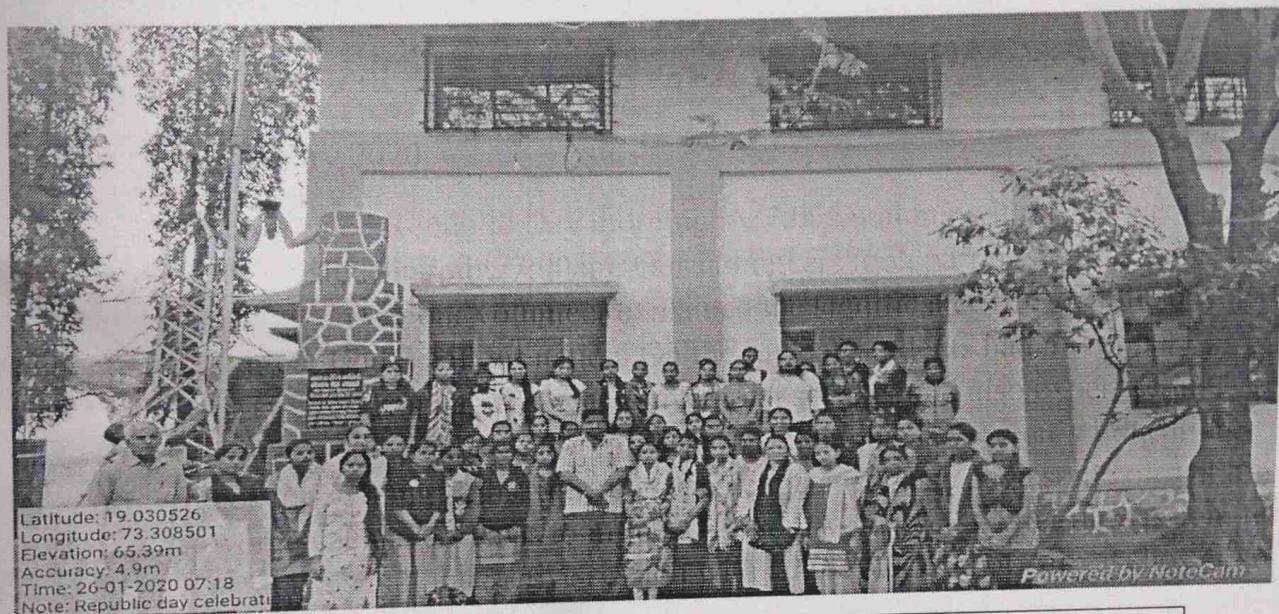
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Awareness on social issues – 25/1/2020

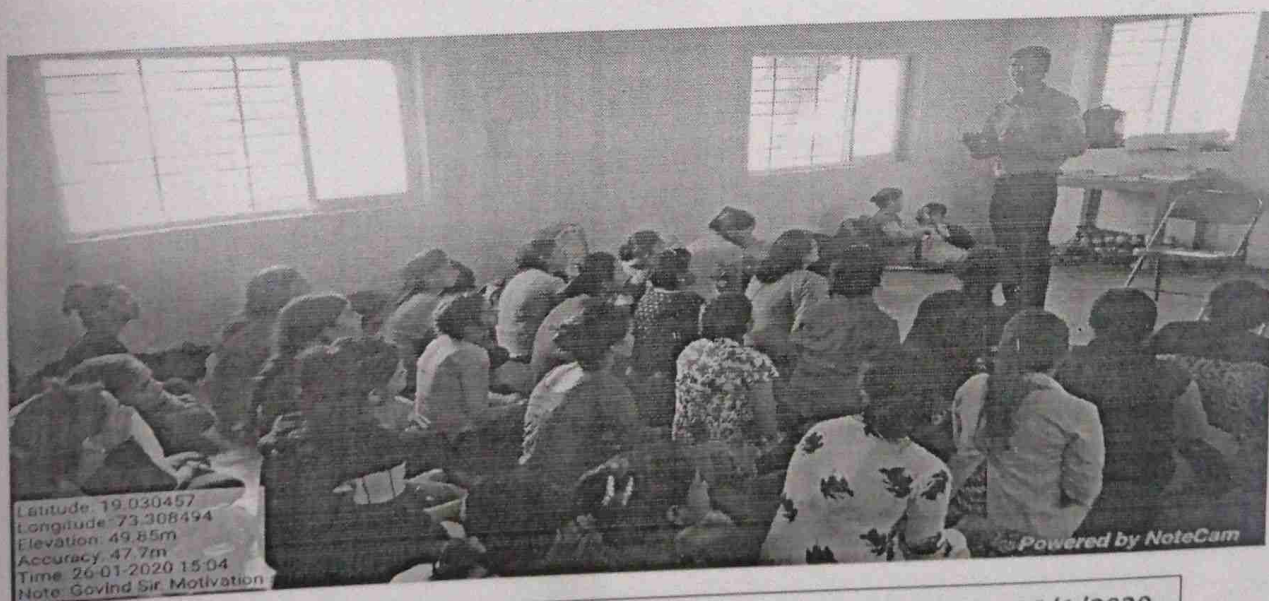


Fifth Day – 26th January 2020

On fifth day we celebrated Republic Day morning by 7:00am along with the adivasi hostel students. Flag was hoisted sharp by 7:00am. Our volunteers took part in singing and speech after the flag hoisting, one of our volunteer explained the significance of Republic day and also honoured all great leaders of our nation. On the say day students had a seminar conducted by Mr. Govind Kumar who is a motivational speaker and also expertise in Cyber Crime. He took up the seminar for all the volunteers on the topic – Women’s Education, Rights, Brave decision making skills, time management etc. He also gave some of real life stories of great women achievers so as to influence all our volunteers. After the session, few of our volunteers took a small interactive session with all the students of Adivasi hostel, in which we emphasised on hygiene, food, nutrition, yoga also we had doubt solving session, one of our volunteer taught them few yoga aasanas and also karate as a part of self – defense.



Flag Hoisting on Republic Day - 26/1/2020



Session on Women Empowerment by Mr. Govind Kumar – 26/1/2020





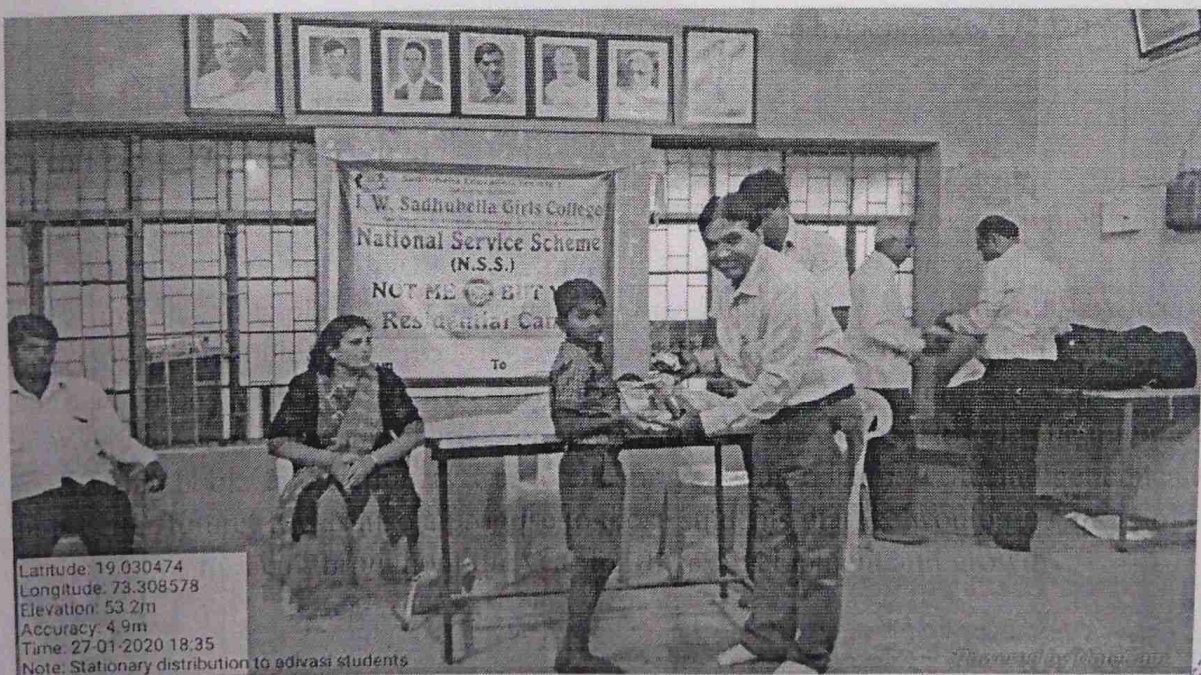
Latitude: 19.03051
 Longitude: 73.308564
 Elevation: 59.64m
 Accuracy: 4.9m
 Time: 26-01-2020 20:58
 Note: Hygiene awareness

Powered by NoteCam

Session taken for Adivasi students on hygiene – 26/1/2020

Sixth Day – 27th January 2020

On Sixth Day our students took up awareness on Mother-Child Care, for which volunteers were asked to go to the villages and explain all the mothers on basic nutrients that every child needs and also to explain them how they can keep their child’s health healthy by keeping their environment clean and neat. By evening our Principal Sir Dr. Vasant P. Mali visited our camp site along with his wife Mrs. Suvarna Mali. Sir visited our camp site with an initiative of providing books and stationaries for all the students of Adivasi Hostel. The intention of distributing books and stationary was to encourage them to learn, write and get educated for their better future. It was also a promise to those students that we would give more of our contributions to them throughout the year for their development and growth.



Latitude: 19.030474
 Longitude: 73.308578
 Elevation: 53.2m
 Accuracy: 4.9m
 Time: 27-01-2020 18:35
 Note: Stationary distribution to adivasi students

Powered by NoteCam

Distribution of books and stationery by Principal Sir Dr. Vasant P. Mali – 27/1/2020



Seventh Day – 28th January 2019

On the last day of the camp volunteers woke up early as any other day



Latitude: 19.030562
Longitude: 73.308431
Elevation: 50.59m
Accuracy: 4.3m
Time: 28-01-2020 11:57
Note: NSS Residential Camp

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Mrs. Rajesh Kumar Singh
(NSS Programme Officer)



Dr. Vasant P. Mali
(Principal)

J. Watumull Sadhubella Girls College
Principal
Ulhasnagar - 421 001